Tullio Senatore

PhD Student

Student committed to learning, developing skills in Sport Science and team contribution. Proactive and energetic with good performance in both autonomous or collaborative environments.





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WWW

https://www.researchgate.net/profile/Tullio-Senato

Twitter

https://twitter.com/senatore53



Problem-Solving
Interpersonal Communication
Teamwork and Collaboration
MS Office



Italian

English

Advanced

Work History

2022-11 -Current

PhD Student

University of Bologna and Giuliani s.p.a., Bologna

- Searched at library and in scholarly databases to locate necessary information for research projects.
- Conducted research projects, gathering data and information from variety of sources.
- Worked in team environment to maintain high levels of productivity.

2020-06 -2022-07

Athletic Performance Trainer

U.S.D. Barracuda, Turin

Athletic performance trainer in soccer Academy Elite Juventus.

- Assessed physical and physiological conditions of athletes to determine eligibility for competition
- Created and implemented strength and conditioning programs for athletes

2021-11 -2022-06

Schools Tutor

Sport e Salute s.p.a., Turin

- Teacher of basic motor activity and introduction to sports.
- Used variety of teaching methods to successfully help wide range of students

2019-06 -2019-07

Summer Sport School Coordinator

Safatletica, Turin

 Implemented balanced schedules of age-appropriate learning, rest and play.



Education

2022-11 -Current

Ph.D.: Sport Science

University of Bologna - Bologna, Italy

 Received PNRR scholarship in Nutritional strategies to reduce fatigue in athletes and active people

2019-10 -2022-03

University of Turin - Turin, Italy

2015-09 -2018-12

Bachelor of Science: Exercise Science

Bachelor of Science: Sports science

University of Perugia - Perugia, Italy

31/07/2023

Intermediate



Outdoors Sports

Soccer, Waterpolo, Cycling, Kayak, Surf, SUP, Rafting, Trekking

Tullia Lilian