

PERSONAL INFORMATION



Giacomo Drusiani

 Via Torchio n.158, pc 41010, Limidi di Soliera, Modena (MO), Italy

 (+39) 345 238 9607

 giacomo.drusiani@gmail.com

Sex M | Date of birth 06/19/1989 | Nationality Italian

JOB APPLIED FOR
POSITION
PREFERRED JOB
STUDIES APPLIED FOR
PERSONAL STATEMENT

WORK EXPERIENCE

July 2024 – June 2025

Strength and Conditioning Coach of the women's volleyball team "U.S. Rubierese Volley"**U.S. Rubierese Volley SSDrl**

Via Del Guado, 12 Rubiera RE 42048

P.IVA e C.F. 01937470357

E-mail: segreteria@rubieresevolley.it

- Strength and Conditioning Coach of the women's volleyball team "U.S. Rubierese Volley", participating in the B1 division of the Italian championship

Sector Women's volleyball

November 2023 – June 2024

Strength and Conditioning Coach of the women's volleyball team "Volley Millenium Brescia"**VOLLEY MILLENIUM BRESCIA SSDRL**

Corso Magenta 43/D - 25121 Brescia

P. IVA: IT 02488970985

PEC milleniumbs@pec.milleniumbs.com

- Strength and Conditioning Coach of the women's volleyball team "Volley Millenium Brescia", participating in the A2 division of the Italian championship

Sector Women's volleyball

July 2022 – June 2023

Strength and Conditioning Coach of the women's volleyball team "Wealth Planet Bartoccini-Fortinfissi Perugia Volley"**WEALTH PLANET PERUGIA VOLLEY S.S.D. a R.L.**

Via Martiri dei Lager, 65 – 06128 – Perugia (PG)

C.F. 02969200548 – REA: PG – 300152

Segreteria Serie A: [3913801023](tel:3913801023)segreteria@wealthplanet.it

- Strength and Conditioning Coach of the women's volleyball team "Wealth Planet Bartoccini-Fortinfissi Perugia Volley", participating in the A1 division of the Italian championship

Sector Women's volleyball

July 2021 – June 2022

Strength and Conditioning Coach of the women's volleyball team "Roma Volley Club"

VOLLEY GROUP ROMA, LARGO GIORGIO MANGANELLI 3, 00142 ROMA RM IT

- Strength and Conditioning Coach of the women's volleyball team "Roma Volley Club", participating in the A1 division of the Italian championship

Sector Women's volleyball

July 2020 – June 2021

Strength and Conditioning Coach of the women's volleyball team "VBC E' Più Casalmaggiore"

VBC E' Più Casalmaggiore, Strada Baslenga, 26041 Casalmaggiore (CR)

Telephone & Fax: (+39) 0375/060204– E-mail: info@volleyballcasalmaggiore.it

- Strength and Conditioning Coach of the women's volleyball team "VBC E' Più Casalmaggiore", participating in the A1 division of the Italian championship

Sector Women's volleyball

July 2019 – June 2020

Strength and Conditioning Coach of the women's volleyball team "Green Warriors Sassuolo"

Volley Academy Sassuolo S.Sa.D.R.L., Piazza Martiri Partigiani 42, 41049 Sassuolo, Italy

Telephone: (+39) 0536 80 62 37 – E-mail: info@volleyacademysassuolo.it

- **Strength and Conditioning Coach** of the women's volleyball team "Green Warriors Sassuolo", participating in the A2 division of the Italian championship.
- **Strength and Conditioning Coach** of the women's volleyball team "Green Warriors Sassuolo", participating in the C division of the Italian championship, in the U16 Italian championship and U18 Italian championship

Sector Women's volleyball

July 2017 – July 2019

Strength and Conditioning Coach of the women's volleyball team "Canovi Coperture Nolo 2000 Sassuolo"

Volley Academy Sassuolo S.Sa.D.R.L., Piazza Martiri Partigiani 42, 41049 Sassuolo, Italy

Telephone: (+39) 0536 80 62 37 – E-mail: info@volleyacademysassuolo.it

- **Strength and Conditioning Coach** of the women's volleyball team "Canovi Coperture Nolo 2000 Sassuolo", participating in the A2 division of the Italian championship.

Sector Women's volleyball

July 2017 – July 2019

Strength and Conditioning Coach of the women's volleyball team "Canovi Coperture Nolo 2000 Sassuolo"

Volley Academy Sassuolo S.Sa.D.R.L., Piazza Martiri Partigiani 42, 41049 Sassuolo, Italy

Telephone: (+39) 0536 80 62 37 – E-mail: info@volleyacademysassuolo.it

- **Strength and Conditioning Coach** of the women's volleyball team "Canovi Coperture Nolo 2000 Sassuolo", participating in the B2 division of the Italian championship, in the U 16 Italian championship and in the U 18 Italian championship

Sector Women's volleyball

September 2011 – June 2020

Track and Field Coach and coordinator at “A.S. La Fratellanza 1874” athletic association

A.S. La Fratellanza 1874, Via A. Piazza 70, 41126 Modena, Italy

Telephone and Fax: (+39) 059 330098 – E-mail: segreteria@lafratellanza.it

- Coaches coordinator for the Under 16 category (October 2016 – June 2017; September 2018- June 2019)
- Coordinator of the “Dritti al Futuro” social project (January 2019 – June 2019)
- Specialized throws coach of the Under-16s category. One hour and a half a day, three times a week (2011 – June 2017)
- Coach coordinator for the Under-16s category (October 2016 – June 2017)
- Coordinator of the “Non Mollare Mai” social project (October 2016 – June 2017)
- PR Manager for Modena’s junior and senior high schools (October 2016 – June 2019)
- Specialized shot-put coach for the over-16s category. Two hours a day, five times a week (2015 – June 2019)
- Specialized discus and shot-put coach for the over-16s category. Two hours a day, five times a week (2015 – 2016)
- General children’s coach (7 to 11 years). Two hours a day, twice a week (2011 – 2014).

Sector Athletics

September 2014 – May 2015

Fit Walking coach at the Sant’Anna Prison of Modena

Centro sportivo italiano - Comitato di Modena, Via del Caravaggio, 71 - 41100 Modena, Italy

Telephone: (+39) 059 395 357 Fax: (+39) 059 391 665

E-mail: segreteria@csimodena.it

Company aiming to the development and promotion of the physical activity at all levels and ages.

- Fit Walking coach for the inmates of the Sant’Anna prison. Three hours a day, once a week.

October 2011 – May 2014

Physical Education teacher at the San Geminiano Kindergarten

Societa’ Sportiva Dilettantistica “Thema Emilia s.r.l.” Cultura ed Educazione

Via Cirillo Monzani, 50 - 42122 Reggio Emilia, Italy

Telephone and Fax: (+39) 0522 553 666 – Mobile phone: 335.5347548 – E-mail: themaemilia@tin.it

School of orientation, education and professional training

- Physical Education teacher for nursery children aged 3 to 5 years. Four hours a day, once a week.

EDUCATION AND TRAINING

October 2014 – December 2016

Master of Sports Science M.Sc. (Sports Science) 110/110 with Lode

University of Bologna - ALMA MATER STUDIORUM

- Internship activity lasting 500 hours, as assistant of the athletic trainer, Prof. Alessandro Guazzaloca, at the women's volleyball team Liu Jo Volley Modena, militant in the A1 series championship. Duties: observation and correction, of the exercises performed by athletes during training sessions in the weight room or on the court. (August 2015 – May 2016)

- Individual Sports Science and Techniques
- Sport Measures and Evaluation
- Science and Techniques of Swimming Sports
- Science and Techniques of Sport for Disabled
- Cognitive Psychology in Sports
- Sports Medicine
- Nutrition and Pharmacology in Sport
- Sports Physiology
- Sports Private Law and Sporting Companies Management
- Team Sports Science and Techniques

October 2008 – December 2013

Bachelor of Science BSc (Exercise Science) 96/110

University of Bologna - ALMA MATER STUDIORUM

- Applied Biology
- Biochemistry and Human Nutrition
- Biomechanics with Elements of Applied Physics
- Exercise Physiology and Principles of Sports Training
- Fitness and Physical Activities for Health
- General and Educational Psychology
- Human Anatomy
- Human Motion Theory and Methodology
- Human Physiology
- Hygiene, First Aid and Traumatology

PERSONAL SKILLS

Mother tongue Italian

Other language(s)

	COMPREHENSION		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	Good	Good	Good	Good	Good
Level: B1					
French	Basic	Basic	Basic	Basic	Basic
Level: A2					

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](http://www.cedefop.europa.eu)

Communication skills

- Great communication and problem-solving skills gained through my experience as a coach

- Organisational / managerial skills
 - Leadership skills gained through my experience as group or coach coordinator
 - Great organizational and management skills gained through my experience as projects director and coordinator

- Job-related skills
 - Extensive knowledge of conditioning techniques and coordination skills athletics of all levels, with or without overload (body weight, bar or svarious machines);
 - Good knowledge of Excel for creating training programs

- Other skills
 - First Aid: Basic Life Support Defibrillation Certificate

- Driving licence B

ADDITIONAL INFORMATION

- Publications
 - Atletica Studi n. 1-2/2017 pagg. 15-26
 - Atletica Studi n. 3-4/2017 pagg. 3-13
 - Applied Science 2022, 12, 1699

- Conferences
 - “Basic technique and performance in sports” technical meeting
 - “Training in soccer –practice: Exchanging Experiences and Opinions” 6th International Congress / 27th National Congress

- Seminars
 - “Train Team Sport” seminar
 - “Youth sector training: the importance of variability” seminar
 - “Pre-athleticism: Development of Coordinative Abilities, Articular Mobility ad Flexibility of the foot-ankle area”
 - “Programmare l’allenamento Sportivo”

- Certificates
 - CSCS Certification
 - “Javelin throw: from the basis to the advanced knowledge” Participation Certificate
 - “Campus: youngers for the future of the European Union” Participation Certificate
 - “Principles and adaptation of strength training: from molecules to the movement” Participation Certificate

- Course
 - “Psychology of Sports for Coaches”
 - “L’allenamento della forza in preparazione atletica”

ATTACHMENTS
