



Francesco Palmese

Date of birth: 26/11/1989 | **Nationality:** Italian | **Email address:** francesco.palmese2@unibo.it | **Email address:**

francesco.palmese@ki.se | **Email address:** francesco.palmese@auslromagna.it | **Website:**

<https://www.unibo.it/sitoweb/francesco.palmese2> | **Website:** <https://ki.se/en/people/francesco-palmese> |

Address: Via Massarenti 9, 40138, Bologna, Italy (Work) |

Address: Tomtebodavägen 18 A, 17165, Solna, Sweden (Work) | **Address:** Viale Randi 5, 48121, Ravenna, Italy (Work)

● WORK EXPERIENCE

13/02/2020 – CURRENT Ravenna, Italy

PHYSICIAN, INTERNAL MEDICINE AZIENDA USL DELLA ROMAGNA

02/09/2024 – CURRENT Stockholm, Sweden

AFFILIATED TO RESEARCH AGING RESEARCH CENTER, DEPARTMENT OF NEUROBIOLOGY, CARE SCIENCES AND SOCIETY, KAROLINSKA INSTITUTET

● EDUCATION AND TRAINING

01/11/2021 – 09/04/2025 Bologna, Italy

PHD IN HEALTH AND TECHNOLOGIES Alma Mater Studiorum University of Bologna

09/11/2014 – 12/12/2019 Bologna, Italy

INTERNAL MEDICINE RESIDENT A.O.U. S. Orsola-Malpighi/ Alma Mater Studiorum University of Bologna, U.O Semeiotica Medica

Thesis: "The neglected step in the nutritional assessment of patients with cirrhosis waiting for liver transplantation: results from a prospective observational study"

Address Via Albertoni 15, 40138, Bologna, Italy | **Final grade** 110/110 Lode

30/09/2007 – 17/07/2013 Naples, Italy

MASTER'S DEGREE IN MEDICINE AND SURGERY University of Naples "Federico II", School of Medicine

Thesis "Evaluation of the endothelial function in patients with chronic heart failure: a possible role of the etiopathogenesis".

Address Via S. Pansini 5, Naples, Italy | **Final grade** 110/110 Lode

11/10/2011 – 26/07/2012 Homburg/Saar, Germany

ERASMUS EXCHANGE PROGRAM Universität des Saarlandes, Medizinischen facultät

Address Kirrberger Straße 100, D-66421, Homburg/Saar, Germany

11/09/2002 – 04/07/2007 Naples, Italy

HIGH SCHOOL DIPLOMA High School for Scientifics studies "R. Caccioppoli"

Degree: 87/100

Address Via Nuova del Campo 22/R, Naples, Italy

● NETWORKS AND MEMBERSHIPS

30/11/2020 – CURRENT

Web Editor

● PUBLICATIONS

2025

The role of the circadian timing system in sarcopenia in old age: a scoping review

EUROPEAN GERIATRIC MEDICINE

2025

Ethical and Legal Implications of Health Monitoring Wearable Devices: A Scoping Review

SOCIAL SCIENCE AND MEDICINE

2024

Wearable sensors for monitoring caregivers of people with dementia: a scoping review

EUROPEAN GERIATRIC MEDICINE

2024

Predictors of clinical trajectories of patients with acutely decompensated cirrhosis. An external validation of the PREDICT study

LIVER INTERNATIONAL

2023

Mortality and its association with chronic alcohol-related diseases in patients admitted to the emergency department for acute alcoholic intoxication: retrospective cohort study

INTERNAL AND EMERGENCY MEDICINE

2023

Low haemoglobin level predicts early hospital readmission in patients with cirrhosis and acute decompensation

JHEP REPORTS

2023

Development and internal validation of a multivariable model for the prediction of the probability of 1-year readmission to the emergency department for acute alcohol intoxication

INTERNAL AND EMERGENCY MEDICINE

2023

Relationship between Muscle Mass, Bone Density and Vascular Calcifications in Elderly People with SARS-CoV-2 Pneumonia

JOURNAL OF CLINICAL MEDICINE

2023

COVID-19-Related Death in Patients with Alcohol or Substance Use Disorders

EUROPEAN ADDICTION RESEARCH

2023

Nonalcoholic fatty liver disease: an update

CURRENT OPINION IN LIPIDOLOGY

2021

Sarcopenia and vitamin d deficiency in patients with crohn's disease: Pathological conditions that should be linked together

NUTRIENTS

2021

Pulmonary artery thrombosis in COVID-19 patients

PULMONOLOGY

2021

More than a "monstrous obesity"! Time to overcome the "anti-fat" bias

CLINICAL OBESITY

2020

Pulmonary artery thrombosis in home patient with a mild COVID-19 disease

PNEUMOLOGIA

2020

Daily evaluation of COVID-19 patients primarily based on lung ultrasound: In times of emergency, it's time to change some paradigms

AMERICAN JOURNAL OF TROPICAL MEDICINE AND HYGIENE

2019

The analysis of food intake in patients with cirrhosis waiting for liver transplantation: A neglected step in the nutritional assessment

NUTRIENTS

Oral and write communications to national and international congress:

- "Associations between gastrointestinal and sleep symptoms in pre-frail and frail hospitalized adults", the 20th Congress of the European Geriatric Medicine Society, September 18-20, Valencia, Spain;
- "Wearable sensors for caregivers of patients with dementia: a scoping review", the 20th Congress of the European Geriatric Medicine Society, September 18-20, Valencia, Spain;
- "The role of the circadian timing system in elderly sarcopenia: a scoping review", the 20th Congress of the European Geriatric Medicine Society, September 18-20, Valencia, Spain;
- "Measuring spontaneous activity, sleep, and heart rate with wearable sensors to improve prediction of incident falls in older subjects: the DARE FALLSPREDICT projects", the 20th Congress of the European Geriatric Medicine Society, September 18-20, Valencia, Spain;
- "Multi-wearable sensor sleep monitoring of non-professional caregivers of patients with dementia: the Age-IT AVERE-CURA project protocol", The 27th Congress of the European Sleep Research Society, September 24-27, Sevilla, Spain
- "ICARE.IT: Development of innovative technologies to support family of caregivers of people with dementia", General Meeting Age-It, May 20-22, 2024, Venice, Italy
- "Ethical and legal implications of the use of health monitoring wearable devices: a scoping review protocol", General Meeting Age-It, May 20-22, 2024, Venice, Italy
- Patients with Cirrhosis present a very low adherence to nutritional recommendations: results from a prospective observational study. Comunicazione scritta c/o 18° European Congress of Internal Medicine, Lisbona 29---31.08.2019
- Emerging infections by *Shewanella* spp.: Can mass spectrometry be considered equivalent to gene sequencing to make diagnosis? Comunicazione orale c/o 120° Congresso Nazionale SIMI, Roma 18---20.10.2019 (pp 63/atti congressuali)
- A case of visceral Leishmaniasis dressed up as endocarditis; Comunicazione scritta c/o 120° Congresso Nazionale SIMI, Roma 18---20.10.2019 (cod.398/atti congressuali)
- A case of bilateral hearing loss by west Nile virus; Comunicazione scritta c/o 120° Congresso Nazionale SIMI, Roma 18---20.10.2019 (cod.400/atti congressuali)
- Febbre e lesioni spleniche: sempre e solo linfoma?, *Decidere in medicina*, n°1 2018
- Scariche di Adrenalina. Comunicazione scritta c/o XI Congresso nazionale SIMEU, Roma, 24---26.05.2018 (cod. P236/atti congressuali)
- More than a monstrous obesity. Comunicazione scritta c/o 119° Congresso Nazionale SIMI, Roma 26--28.10.2018 (cod. 307/atti congressuali)
- Un caso poco chiaro di endocardite cronica, *Decidere in medicina*, n°2 2018
- Tanto rumore per nulla, comunicazione scritta c/o XI Congresso nazionale SIMEU, Roma, 24---26.05.2018 (cod. P051/atti congressuali)
- Morbo di Fahr. Caso clinico e revisione della letteratura, comunicazione scritta c/o Congresso nazionale SIMEU, Roma, 24---26.05.2018 (cod. P046/atti congressuali)

Autorizzo il trattamento dei miei dati personali presenti nel CV ai sensi dell'art. 13 d. lgs. 30 giugno 2003 n. 196 - "Codice in materia di protezione dei dati personali" e dell'art. 13 GDPR 679/16 - "Regolamento europeo sulla protezione dei dati personali".



Francesco Ferrero