

Angela Russo's Curriculum Vitae

CURRENT POSITION

July 2024 – current | **Research Fellow** in Work and Organizational Psychology at the Department of Psychology, University of Bologna, Italy

Research interests related to (1) analyzing the individual, organizational, and social factors that facilitate or hinder career sustainability, (2) developing and validating quantitative and qualitative tools for assessing psychological resources that influence career trajectories, and (3) designing, implementing, and evaluating interventions aimed at promoting the development of sustainable career paths and successful, active aging in the workplace.

✉ angela.russo18@unibo.it, angela.russo@phd.unict.it, angela3russo3@gmail.com

EDUCATION

HIGHER EDUCATION

October 2021 – October 2024	Doctor Europaeus (EQF8; dissertation date: 24th February 2025) in <i>Educational processes, theoretical–transformative models and research methods applied to the territory</i> , interdisciplinary PhD program at the Department of Educational Sciences, University of Catania. The thesis was carried out in the field of Work and Organizational Psychology. Thesis title: Career sustainability: towards new definitions, measurements and empowerment strategies informed by psychological flexibility.
January 2023 – January 2026	Specializing in cognitive behavioral psychotherapy (EQF8) , Tolman Institute, Laboratory of Cognitive–Behavioral Sciences, School of Cognitive–Behavioral Psychology and Psychotherapy.
December 2021	Qualification to practice as a Psychologist – Section A – Order of Psychologists of the Sicilian Region, Italy, registration number: 10729.
September 2018 – November 2020	Master's degree in Psychology (EQF–7) , at Kore University of Enna, with a grade of 110/110 with honors, following the preparation of an empirical thesis and a training internship in the field of career counseling.
November 2014 – July 2018	Bachelor's degree in Psychology (EQF–6) , at Kore University of Enna, with a grade of 110/110, following the preparation of an empirical thesis on “Decent Work: From Construct to People and from People to Construct” and a training internship in the field of career counseling with vulnerable people

OTHER COURSES AND SUMMER SCHOOLS

13–16 December 2022	Autumn School “Power Analysis” . Lecturers: Prof. Marco Perugini, Marcello Gallucci, Giulio Costantini. 4–day course. Italian Psychology Association.
06–10 September 2022	ECADOC Summer School 9th edition “Social and Emotional Learning (SEL) and Career Guidance and Counselling” – European Doctoral Program in Career Guidance and Counseling (ECADOC), organized by the European Society for Vocational Designing and Career Counseling (ESVDC) and the Network for Innovation in Career Guidance and Counseling in Europe (NICE). 5–day course. Universum College, Pristina, Kosovo, and online.

18–21 July 2022	<i>Summer School “Qualitative Methods for psychological research”</i> . Professors: Prof. Jonathan Smith, Professor of Psychology, Leader of the Interpretative Phenomenological Analysis Research Group (IPARG) at Birkbeck University of London, and Prof. Erminia Colucci, Associate Professor in Visual and Cultural Psychology, Middlesex University London. 16–hour course. Italian Psychology Association.
25–29 July 2022	<i>Summer School “Multivariate analysis for social research”</i> . Lecturers: Prof. Gaetano “Nino” Miceli and Prof. Antonietta Raimondo. 5–day course, University of Calabria.
14–17 June 2022	<i>Summer School “Introduction to structural equation models with R”</i> . Director: Prof. Fabio Presaghi. 32–hour course (4 CFU), Sapienza University of Rome.
March 2021 – November 2021	<i>Master in Psychodiagnostics: Techniques and Tools for Psychological Assessment</i> , 150–hour course, with exercises on the administration, scoring, and interpretation of psychological tests and case studies in small groups, Gestalt Institute HCC Italy, School of Psychotherapy.
January 2021 – February 2021	<i>Course in Human Resources Management and New Social Recruiting 4.0</i> , 248–hour theoretical–practical course at TalentForm SPA
26–30 August 2019	<i>Summer School “Factor Analysis and Principal Component Analysis”</i> , by Alberto Marradi, Emeritus Professor, University of Florence. 5–day course, Paideia Association
17–21 June 2019	<i>Erasmus + Summer School “Intercultural Skills For Future Specialist Dealing With Refugees”</i> , in the module “Landmarks for immigrants’ and refugees’ psychological counseling” with final production elaborated entitled “A “mentally disturbed migrant” or a “person who migrates and has a mental illness”?”. 30–hour course, University Kore of Enna
November 2015 – November 2018	<i>Course in Communication Psychology and Leadership</i> , 100–hour first level theoretical–practical course and 120–hour theoretical–practical course at NoéComTraining, Psychology and Training Center

UNIVERSITY TEACHING ACTIVITIES

TEACHING ASSIGNMENTS

2025	<p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Behavioral Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p> <p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Relational Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p> <p>Lecturer for the laboratory course “Non–verbal Communication Techniques and Languages” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p>
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2024	<p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Behavioral Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p> <p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Relational Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p> <p>Lecturer for the laboratory course “Non–verbal Communication Techniques and Languages” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p>
2023	<p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Behavioral Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p> <p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Relational Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p> <p>Lecturer for the laboratory course “Non–verbal Communication Techniques and Languages” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p>
2022	<p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Behavioral Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours, Ordinary students).</p> <p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Relational Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours, Ordinary students).</p> <p>Lecturer for the laboratory course “Non–verbal Communication Techniques and Languages” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours, Ordinary students).</p> <p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Behavioral Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours, reserved for students eligible for previous cycles).</p> <p>Lecturer for the laboratory course “Psycho–educational and Didactic Interventions for Relational Disorders” within the Specialization Course for Educational Support for</p>

	<p>Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours, reserved for students eligible for previous cycles).</p> <p>Lecturer for the laboratory course “Non-verbal Communication Techniques and Languages” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours, reserved for students eligible for previous cycles).</p>
2021	<p>Lecturer for the laboratory course “Psycho-educational and Didactic Interventions for Behavioral Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Catania (group 2, 20 hours).</p> <p>Lecturer for the laboratory course “Psycho-educational and Didactic Interventions for Behavioral Disorders” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (group 4, 20 hours).</p> <p>Lecturer for the laboratory course “Non-verbal Communication Techniques and Languages” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours, reserved for students eligible for previous cycles).</p> <p>Lecturer for the laboratory course “Psycho-educational and Didactic Interventions for Relational Disorders” within the Specialization Course for teachers for Teacher’s Educational Support Activities for Students with Disabilities at the Lower Secondary School, University of Messina (20 hours).</p> <p>Lecturer for the laboratory course “Non-verbal Communication Techniques and Languages” within the Specialization Course for Educational Support for Teachers Working with Students with Disabilities in Lower Secondary Schools, University of Messina (20 hours).</p>

INTERNATIONAL TEACHING ACTIVITIES

May 2023	Lecture “Goal 8 of Agenda 2030: From Decent Work to Sustainable Careers” in English to Master’s degree students in Psychology at Adam Mickiewicz University, Poznań (Poland).
June 2022	Lecture “Nudging for Agenda 2030: Encouraging Sustainable Food Choices” in English to professors and researchers from partner European universities as part of the Erasmus+ project “Evaluation of Agro-Ecological Development Potential through Transnational Cooperation and Entrepreneurial Innovation” (2019-1-RO01-KA203-063939) during a short-term joint staff training event at the University of Catania (Italy).

TEACHING ASSISTANT ACTIVITIES (I.E., COLLABORATION IN TEACHING AND RESEARCH ACTIVITIES)

December 2023 – Current	<i>Teaching Assistant of Social Psychology</i> at the Department of Educational Sciences, University of Catania
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November 2022 – Current	<i>Teaching Assistant of Work and Organizational Psychology</i> at the Department of Educational Sciences, University of Catania
November 2021 – Current	<i>Teaching Assistant of Social Psychology</i> at the Department Human and Social Sciences, Kore University of Enna

INTERNATIONAL SCIENTIFIC RESEARCH COLLABORATIONS AND RESEARCH VISITS

January 2024 – February 2024	<i>Visiting Doctoral Research Scholar</i> <ul style="list-style-type: none"> <i>Host University:</i> University of Seville, Spain <i>Activities:</i> research activities, data collection, data analysis, and article writing on career sustainability of university students and early career researchers <i>Supervisors:</i> Prof. Soledad Romero Rodriguez and Celia Moreno Morilla
October 2023 – November 2023	<i>Visiting Doctoral Research Scholar</i> <ul style="list-style-type: none"> <i>Host University:</i> Adam Mickiewicz University, Poland, via Erasmus Study Program, Academic Year 2023/2024 <i>Activities:</i> validation of a Polish scale measuring career sustainability <i>Supervisors:</i> Dr. Jaroslaw Grobelny
May 2023 – June 2023	<i>Visiting Doctoral Research Scholar</i> <ul style="list-style-type: none"> <i>Host University:</i> Adam Mickiewicz University, Poland, via Erasmus Study Program, Academic Year 2022/2023 <i>Activities:</i> conducting a systematic review of definitions, models, measures, and related constructs of sustainable careers <i>Supervisors:</i> Dr. Jaroslaw Grobelny
March 2024 – Present	<i>Participation in the international research group on facilitating and hindering factors in building sustainable career pathways</i> <ul style="list-style-type: none"> <i>Objectives:</i> to analyze and understand the factors that facilitate or hinder the construction of sustainable career paths, with a focus on theoretical and practical development in the field of inclusive and sustainable career guidance <i>Members:</i> Anna Parola (University of Naples, Italy), Jenny Marcionetti (University of Applied Sciences and Arts of Southern Switzerland, Switzerland), Andrea Zammitti (University of Catania, Italy), Angela Russo (University of Catania, Italy).
May 2023 – Present	<i>Coordination and participation in the international research group on career sustainability</i> <ul style="list-style-type: none"> <i>Objectives:</i> studying career sustainability through a sequential qualitative–quantitative exploratory approach. <i>Members:</i> Angela Russo (Coordinator, University of Catania), Prof. Giuseppe Santisi (University of Catania), Prof. Paola Magnano (Kore University of Enna), Prof. Andrea Zammitti (University of Catania), Dr. Jaroslaw Grobelny (Adam Mickiewicz University UAM, Poznań, Poland), Prof. Robert Guerau Valls Figuera (University of Barcelona), Soledad Romero–Rodriguez (University of Seville), Celia Moreno–Morilla (University of Seville).

PLEASE NOTE. THE SCIENTIFIC PRODUCTS OF NATIONAL (ABOVE) AND NATIONAL (BELOW) SCIENTIFIC COLLABORATIONS ARE ONLY LISTED IN THE 'PUBLICATIONS' SECTION FOR BREVITY.

NATIONAL SCIENTIFIC RESEARCH COLLABORATIONS AND FUNDED RESEARCH PROJECTS

February 2025 - Present	<p><i>Participation in the PSIC (Promoting Sustainability and Inclusion in Career Development) Research-Intervention Project - Action Line 3</i></p> <ul style="list-style-type: none"> • <i>Objective:</i> to promote a sustainable approach to career guidance, focusing on building careers that support inclusive societies, exploring career development influences in the presence of stereotypes, and vulnerability. • <i>Principal Investigator:</i> Andrea Zammitti, University of Catania • <i>Members:</i> Zira Hichy, Angela Russo, Valentina Baeli • <i>External Advisor:</i> Soledad Romero-Rodriguez, University of Siviglia • <i>Funded by:</i> PIANO di InCentivi per la Ricerca di Ateneo" University of Catania 2024/2026 – "Starting Grant", protocol number 30425 of 13/02/2025. • <i>Role:</i> Participant (no-cost).
July 2024 - Present	<p><i>Participation in the IDEA (Inclusion, Diversity, and Equality in all Ages) - Collaborative Research Project - Action Line 1</i></p> <ul style="list-style-type: none"> • <i>Objective:</i> aims to promote inclusion, diversity and equality through initiatives involving people of all ages, so that they feel valued and supported in educational, work and social contexts. • <i>Principal Investigator:</i> Andrea Zammitti, University of Catania • <i>Members:</i> Giuseppe Santisi, Francesca Irene Foti, Elena Commodari, Elisabetta Sagone, Tiziana Ramaci, Silvia Platania, Alessandra Geraci, Zira Hichy; Angela Russo, Valentina Baeli, Valentina La Rosa, Maria Luisa Indiana, S. Fichera, Santo Di Nuovo. • <i>External Advisor:</i> Paola Magnano, University of Enna • <i>Funded by:</i> PIANO di InCentivi per la Ricerca di Ateneo" University of Catania 2024/2026 – communicated with protocol number 270241 of 15.07.2024; first annual instalment protocol number 20038 of 30/01/2025. <p><i>Role:</i> Participant (no-cost).</p>
December 2024 – Present	<p><i>Coordination and Participation in the National Research Group on Sustainable Careers</i></p> <ul style="list-style-type: none"> • <i>Objectives:</i> promote career paths that protect and enhance individual and contextual resources (organizational, social, and environmental). The aim is to study and implement positive and sustainable career development models for people of all ages and occupational statuses. • <i>Members:</i> Angela Russo (coordinator), Gerardo Petruzzello (coordinator), Andrea Zammitti (board member), Assunta De Rosa (board member), Ansai Antonio Audrey, Bacci Giulia, Costantini Arianna, Gemmano Cataldo Giuliano, Ginevra Maria Cristina, Lo Piccolo Elena, Magnano Paola, Manuti Amelia, Mariani Marco Giovanni, Miglioretti Massimo, Parola Anna, Picco Eleonora, Randazzo Alessio, Santilli Sara, Santisi Giuseppe, Zaniboni Sara, Zarbo Rita • <i>Research lines:</i> a) Career management models for sustainable career development and employability; b) Sustainable career development for youth and vulnerable populations; c) Successful and sustainable aging.

July 2024 – Present	<p><i>Participation in the National Research Group on “Diversity at Work – DIWO”, University of Bologna.</i></p> <ul style="list-style-type: none"> • <i>Members:</i> Sara Zaniboni (coordinator), Angela Russo, Cristian Balducci, Stefano Toderi, Lara Bellotti, Luca Fazi, Arianna Costantini. • <i>Objectives:</i> address occupational diversity (e.g., age, disability, gender) and explore ways to manage and leverage diversity at work to enhance well-being, motivation, and productivity for both companies and workers. • <i>Research lines:</i> diversity management, aging in the workplace, work characteristics and age, retirement processes, employment inclusion of individuals with psychiatric disabilities, occupational well-being, and job uncertainty.
May 2024 – Present	<p><i>Participation in the National Research Group on “Sustainable Careers and Inclusion of Vulnerable Populations”</i></p> <ul style="list-style-type: none"> • <i>Objectives:</i> study the career development of vulnerable individuals (e.g., people with disabilities or learning disabilities), focusing on environmental and personal factors that influence perceptions of achieving decent work and inclusive, sustainable careers. A mixed-methods approach is employed, including scale validation studies and longitudinal research. • <i>Research Line 1:</i> factors contributing to the sustainable career development of individuals with specific learning disorders. Group members: Andrea Zammiti (coordinator, University of Catania), Angela Russo, Giuseppe Santisi (University of Catania), Marco Giovanni Mariani (University of Bologna), Gerardo Petruzzello (University of Bologna). • <i>Research Line 2:</i> sustainable career development and inclusion of individuals with specific learning disorders. Group members: Andrea Zammiti (coordinator, University of Catania), Angela Russo, Giuseppe Santisi (University of Catania), Daniela Catania (University of Catania), Stefania Scaffidi (University of Catania). • <i>Research Line 3:</i> sustainable career development of deaf individuals who use Italian Sign Language. Group members: Andrea Zammiti (coordinator, University of Catania), Angela Russo, Giuseppe Santisi (University of Catania), Gabriella Ardita (University of Catania), Sabrina Fontana (University of Catania), Claudio Ferrara (University of Catania).
February 2024 – Present	<p><i>Participation in the National Research Group on “Interviews to Facilitate Career Guidance and Job Placement”</i></p> <ul style="list-style-type: none"> • <i>Members:</i> Prof. Andrea Zammiti (coordinator, University of Catania), Angela Russo, Rita Zarbo & Paola Magnano (Kore University of Enna). • <i>Objectives:</i> develop and validate interviews to facilitate career guidance for preadolescents, adolescents, young adults, and socially vulnerable individuals.
January 2022 - Present	<p><i>Participation in the “Rare Empathy” Research-Intervention Project</i></p> <ul style="list-style-type: none"> • <i>Objective:</i> to analyze the needs of families and caregivers of people with rare diseases, developing training activities for healthcare professionals and front-line operators, focusing on empathetic communication procedures in the context of rare diseases. • <i>Scientific Leader:</i> Prof. Paola Magnano, University Kore of Enna • <i>Partners:</i> University Kore of Enna, A.S.S.I. Gulliver Association • <i>Funded by:</i> A.S.S.I. Gulliver

	<ul style="list-style-type: none"> • <i>Role</i>: designer, member of the scientific committee, providing consultative support in the decision-making process for defining the research path.
April 2020 – Present	<p><i>Participation in the National Research Group on the Psychological Impact of COVID-19 Restrictions in Italy</i></p> <ul style="list-style-type: none"> • <i>Objective</i>: exploring the effects of the covid pandemic on well-being, the processes involved and protective psychological resources. • <i>Members</i>: Prof. Paola Magnano (coordinator, University of Enna), Angela Russo, Andrea Zammiti, Chiara Imbroglia, Rita Zarbo, Letizia Vinci.
October 2017 – Present	<p><i>Participation in the National Research Group on Decent Work</i></p> <ul style="list-style-type: none"> • <i>Objective</i>: define the characteristics of decent work and develop theoretical and methodological tools to assist socially vulnerable individuals in designing a dignified life and career. • <i>Members</i>: Prof. Paola Magnano (coordinator, University of Enna Kore), Angela Russo, Andrea Zammiti, Lucrezia Broccio, Federica Failla
January 2019 – December 2021	<p><i>Participation in the Research Group on “Risk Intelligence and Values”</i></p> <ul style="list-style-type: none"> • <i>Members</i>: Andrea Zammiti (coordinator, University of Enna Kore), Angela Russo, Paola Magnano, Giuseppe Santisi • <i>Objective</i>: explore the relationships between risk intelligence and personal values.

CO-DIRECTING AND PARTICIPATING IN JOURNAL EDITORIAL BOARDS

EDITOR OF THE SPECIAL ISSUE “The Role of Social Psychology in the Promotion of Sustainable Careers Addressing Global Needs”, for the journal *Journal of Community & Applied Social Psychology*. In collaboration with: Dr. Andrea Zammiti, Dr. Valentina Baeli, Prof. Zira Hichy, and Prof. Giuseppe Santisi (University of Catania, Italy). January 2025 to October 2025.

<https://onlinelibrary.wiley.com/page/journal/10991298/homepage/call-for-papers/si-2025-000070>

EDITOR OF THE SPECIAL ISSUE “Roads to the Future: Educating Adolescents and Young Adults for Career Construction Towards Sustainability”, for the journal *Environment and Social Psychology*. In collaboration with: Anna Parola (University of Naples, Italy), Jenny Marcionetti (University of Applied Sciences of Southern Switzerland, Switzerland), Andrea Zammiti (University of Catania, Italy). March 2024 to date. <https://esp.apacsci.com/si.php/index/detail?id=142&jid=8>

MEMBER OF THE EDITORIAL BOARD of *Giornale Italiano di Psicologia e Medicina del Lavoro*, Edizioni FS Publisher (October 2024 – current).

REVIEW EDITOR ON THE EDITORIAL BOARD of *Organizational Psychology* (specialty section of *Frontiers in Psychology* and *Frontiers in Communication*) (May 2023 – current)

REVIEW FOR INTERNATIONAL CONGRESSES AND SCOPUS-INDEXED JOURNALS

- *Frontiers in Psychology* (August 2022 – current)
- *BMC Psychology* (May 2023 – current)
- *Journal of Environmental Studies and Science* (October 2024 – current)
- *Applied Psychology: Health and Well-Being* (October 2024 – current)
- *Giornale Italiano di Psicologia* (November 2024 – current)
- *Journal of Education + Training* (November 2024 – current)
- *Academy of Management (AOM) Congress* (January 2025 – current).

INTERNATIONAL AND NATIONAL SCIENTIFIC CONFERENCE AND WORKSHOP ORGANIZATIONS

- Member of the Organizing Committee of the Congress "17th Edition of the National Days of Positive Psychology. Beyond Performance: Promoting Well-being at Work", organized by the Italian Society of Positive Psychology. June 13-14, 2025, University of Catania.
- Member of the Organizing Committee and the Scientific Committee of the Congress "Career guidance as a tool for achieving the objectives of the 2030 Agenda", proposed by the "Career counseling across the lifespan" Group of the Order of Psychologists of the Sicily Region and organized in collaboration with Kore University of Enna. 2 December 2022, at Kore University of Enna. Congress themes: orientation and social vulnerability, orientation and school, decent work, tools to promote professional planning, training of career counselors and active employment policies.
- Proponent of the symposium 'Career sustainability: definition, measurement tools and resources and strategies to promote it' at the Congress of the Italian Association of Psychology (AIP), Section Organizations, 'Organizational imagination, research and transformative action, 4–6 September 2024, at the University of Bergamo.
- Proponent of the symposium "Promoting Inclusive Career guidance and Career Sustainability: from Theoretical Models to New Measurement and Intervention Tools" at the Society for Vocational Guidance (SIO) Congress "From Probable Futures to Desirable Futures: Orientation, Rights, Peace, Justice, Environment," June 21-22, 2024, University of Sassari.
- Chair at the session "Career counseling at university" within the Congress "Career guidance as a tool for achieving the objectives of the 2030 Agenda", proposed by the "Career counseling across the lifespan" Group of the Order of Psychologists of the Sicily Region and organized in collaboration with Kore University of Enna. 2 December 2022, at Kore University of Enna.

MEMBERSHIP AND AWARDS

AFFILIATION WITH SCIENTIFIC ASSOCIATIONS

January 2025 - Current	International Association of Applied Psychology, Division 1 Work & Organizational Psychology, 2 Psychological Assessment & Evaluation, 8 Clinical & Community Psychology, 6 Health Psychology
November 2024 – Current	ACT Italia, Italian chapter of the Association for Contextual Behavioral Science (ACBS), and member of Special Interest group "ACT for Organizations"
May 2023 – Current	European Association of Work and Organizational Psychology (EAWOP)
January 2023 – Current	Italian Cognitive Behavioural Psychotherapy Society – Società Italiana di Psicoterapia Cognitivo Comportamentale (CBT-Italia)
March 2022 – Current	Italian Association of Psychology – Associazione Italiana di Psicologia (AIP), and member of the Early CAREER REsearchers' network (ECARE)
February 2022 – Current	Working Group 'Career counseling across the life span' of the Order of Psychologists of the Sicily Region
February 2022 – December 2023	Italian Positive Psychology Society – Società Italiana Psicologia Positiva (SIPP)
January 2020 – Current	Italian Society for Vocational Guidance – Società Italiana per l'Orientamento (SIO)

PRIZES AND AWARDS

- **Awarded a research grant for the scientific quality and social impact of the topics and results presented in a poster at the 2nd congress of the scientific society CBT–Italy**
 - o The award was received following a poster presentation at the 2nd National Congress of the Italian Society of Cognitive Behavioural Psychotherapy (CBT Italia), held from 18 to 19 September 2024 in Palermo.
 - o The commission appointed by the Board of Directors of CBT–Italy assessed the applications submitted for the research grant worth 400 euros according to criteria of scientific quality and relevance of both the scientific and social impact of the topics and results presented in the candidate abstract.
 - o Title of the scientific contribution for which the award was received: Russo A., Zammitti A. (2024, 18–19 October). Cultivating psychological flexibility to promote sustainable careers: a pilot study on training effectiveness [Poster at Congress]. 2nd CBT–Italy National Congress. Navigating between processes. Italian Society of Cognitive Behavioural Psychology. Palermo.

OTHER PROFESSIONAL EXPERIENCES

October 2024 – December 2024	Work and Organizational Psychologist. Organizational course “Career sustainability” (26 hours). Delivered training for CentoCinquanta Learning Center srl to a Sicilian SME (15+ employees) on integrating well-being, productivity, and social utility in career sustainability.
April 2024 – May 2024	Psychologist and external expert collaborating with the Third Sector Entity “Piccolo Principe & Nino” to implement career guidance programs involving families , within a project funded by the EU Next Generation program Combating Educational Failure (PNRR) at the school “Istituto Tecnico Industriale Statale Archimede” in Catania, Italy.
September 2023 – December 2024	Career counselor for Associazione Inventure APS in the project Empower (Empowering Migrants in Professional Welfare & Economic Rights – PAFMI/LD 7130), funded by the Partnerships and Financing for Migrant Inclusion (PAFMI) initiative of the Council of Europe Development Bank, aimed at integrating and empowering migrants across the EU.
July 2022 – October 2022	Work and Organizational Psychologist. Organizational course “Team Building” (15 hours). Conducted team-building training for CentoCinquanta Learning Center srl, aimed at a Sicilian SME (15+ employees).
May 2022 – Current	Project designer and scientific committee member for a research-intervention initiative Rare Empathy led by Prof. Paola Magnano (Kore University of Enna) in partnership with ASSI Gulliver, focusing on needs analysis, training healthcare and front-line workers, and supporting caregivers.
March 2022 – December 2023	Forensic Psychologist. Court-appointed expert (CTU) and auxiliary for psychodiagnostic evaluations at the Juvenile Court of Catania, Italy.
July 2022 – September 2022	Psychologist and Career counselor for Migrants. Volunteer with Save The Children Civicozero Catania, providing university and career guidance for young adults with migration experiences.
May 2021 – November 2021	Internship in Psychology at Child Neuropsychiatry Operative Unit, Syracuse Public Personal Services Agency. Conducted psychological assessments for

	children and adolescents, provided support and prevention of psychological distress, counseling for caregivers, integration of minors with disabilities, learning disabilities diagnostics, and court-referred clinical evaluations.
February 2021 – March 2021	Organizational course “Organizational Communication Techniques” Delivered a 20-hour course for 12 formerly incarcerated individuals at Passwork Impresa Sociale SCS Onlus, as part of the vocational training for “Bakery and Pastry Assistant”.
November 2020 – May 2021	Internship in Psychology at the University of Enna Kore (Tutor: Prof. Paola Magnano). Conducted bibliographic research, seminars, and workshops on career guidance; developed and monitored psychological intervention tools; performed scoring and qualitative/quantitative analysis; co-authored articles.
January 2020 – January 2021	Tutor for Students with Special Needs at the University of Enna Kore. Supported students with disabilities and learning disabilities.
November 2015 – April 2021	Human Resources Manager at Pyramis Costruzioni srl, construction company in Catania, Italy. Managed recruitment, training, and personnel development; maintained public relations.
July 2017 – October 2021	Training Manager at NoèComTraining, Center of Psychology and Training, Catania, Italy. Designed and led psychoeducational courses in “Psychology of Communication” (A.Y. 2018/19, 2019/20, 2020/21), coordinated corporate training and events, and served as a tutor in parent-child-teacher workshops.

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

1. **Russo A.**, Zammitti A., Zarbo R., Magnano P., & Santisi G. (2025). The Sustainable Career Scale (SCS): Development, Validity, Reliability and Invariance. *Journal of Global Responsibility*, Vol. ahead-of-print No. ahead-of-print. <https://doi.org/10.1108/JGR-07-2024-0127>
2. Cicero, L., Catania, C., Russo, A., Zammitti, A., Russo, A., & Santisi, G. (2025). Italian validation and psychometric properties of the new work values scale. *European Journal of Investigation in Health, Psychology and Education*, 15(3), 28. <https://doi.org/10.3390/ejihpe15030028> (**SCOPUS Index**)
3. **Russo, A.**, Zammitti, A., Catania, C., Magnano, P. and Santisi, G. (2024). Unlocking the power of meaningful work: elevating engagement and satisfaction in the realm of decent jobs. *International Journal of Organization Theory & Behavior*, 28(1), 56-70. <https://doi.org/10.1108/IJOTB-05-2024-0092> (**SCOPUS Index**)
4. **Russo, A.**, Mansouri, M., Santisi, G., & Zammitti, A. (2024). Psychological flexibility as a resource for preventing compulsive work and promoting well-being: A JD-R framework study. *International Journal of Organizational Analysis*. 33(12), 18-34. <https://doi.org/10.1108/IJOA-09-2024-4834> (**SCOPUS Index**)
5. **Russo, A.**, Zammitti, A., Santisi, G., & Magnano, P. (2024). Psychometric Properties and gender invariance of the Work-related Acceptance and Action Questionnaire (WAAQ) in the Italian context. *Journal of Health and Social Sciences*, 9(3), 352–367. <https://doi.org/10.19204/2024/PSYC3> (**SCOPUS Index**)
6. Zammitti, A., **Russo A.**, Baeli, V., & Hichy, Z. (2024). “Guiding University Students towards Sustainability”: A Training to Enhance Sustainable Careers, Foster a Sense of Community, and

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8. **Russo, A.**, Valls-Figuera, R. G., Zammitti, A., & Magnano, P. (2023). Redefining ‘Careers’ and ‘Sustainable Careers’: A Qualitative Study with University Students. *Sustainability*, 15(24), 16723. <https://doi.org/10.3390/su152416723> (SCOPUS Index)
9. Zammitti, A., **Russo, A.**, Magnano, P. & Santisi, G. (2023). Psychometric Properties of 9–items version of Temporal Satisfaction With Life Scale (TSWLS) in Italian context. *Testing, Psychometrics, Methodology in Applied Psychology*, 30(4), 391–404. [doi:10.4473/TPM30.4.2](https://doi.org/10.4473/TPM30.4.2) (SCOPUS Index)
10. **Russo, A.**, Zammitti, A., & Zarbo, R. (2023). Career readiness and well-being: The mediation role of strategies for coping with career indecision. *Australian Journal of Career Development*, 32(1), 14–26. <https://doi.org/10.1177/10384162221142747> (SCOPUS Index)
11. **Russo, A.**, Zammitti, A., Santisi, G., & Magnano, P. (2023). The relationship between psychological flexibility and career adaptability as resources to promote well-being. *British Journal of Guidance & Counselling*, 1–10. <https://doi.org/10.1080/03069885.2023.2212856> (SCOPUS Index)
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13. Zammitti, A., **Russo, A.**, Ginevra, M. C., & Magnano, P. (2023). “Imagine Your Career after the COVID–19 Pandemic”: An Online Group Career Counseling Training for University Students. *Behavioral Sciences*, 13(1), 48. <https://doi.org/10.3390/bs13010048> (SCOPUS Index)
14. Zammitti, A., **Russo, A.**, Magnano, P., & Guarnera, M. (2022). Work Engagement as a Moderating Factor between Positive Attitude toward Smart Working and Job and Life Satisfaction. *European Journal of Investigation in Health, Psychology and Education*, 12(7), 781–791. <https://doi.org/10.3390/ejihpe12070057> (SCOPUS Index)
15. **Russo, A.**, Santoro, G., & Schimmenti, A. (2022). Interpersonal Guilt and Problematic Online Behaviors: The Mediating Role of Emotion Dysregulation. *Clinical neuropsychiatry*, 19(4), 236–247. <https://doi.org/10.36131/cnforitieditore20220406> (SCOPUS Index).
16. Zammitti, A., **Russo, A.**, Santisi, G., & Magnano, P. (2021). Personal Values in Relation to Risk Intelligence: Evidence from a Multi-Mediation Model. *Behavioral Sciences*, 11(8), 109. <https://doi.org/10.3390/bs11080109> (SCOPUS Index)
17. Zammitti A., Imbrogliera C., **Russo A.**, Zarbo R., Magnano P. (2021). The Psychological Impact of Coronavirus Pandemic Restrictions in Italy. The Mediating Role of the Fear of COVID–19 in the Relationship between Positive and Negative Affect with Positive and Negative Outcomes. *European Journal of Investigation in Health, Psychology and Education*. 11(3):697–710. <https://doi.org/10.3390/ejihpe11030050> (SCOPUS Index)
18. Zammitti A., Scuderi V., **Russo A.** (2020). Perceived career parental support and identity development: a study on adolescents. *Interdisciplinary Journal of Family Studies*, XXV,1/2020, 27–46.

BOOK CHAPTERS

1. Zammitti, A., **Russo, A.**, Catania, C. (in preparation). Developing careers during the life cycle: unveiling the pathways to well-being. In D. García-Álvarez & R. Cobo-Rendón (Eds.), *Perspectives of Well-being in the Life Cycle: A Journey from Childhood to Adulthood*. Springer Editorial.
2. Zammitti, A., **Russo, A.**, Zarbo, R., Santisi, G., Magnano, P. (in preparation). Career development: between personal well-being and the construction of inclusive and sustainable contexts. In L. Tay, B. McCuskey, & A. Palmeri (Eds.), *Handbook of Well-Being in Higher Education*. Oxford University Press.
3. **Russo, A.**, Scaglione, S., Scala, M., & Zammitti, A. (2024). Pensare al futuro durante la detenzione: Una ricerca qualitativa sulle rappresentazioni di lavoro, lavoro dignitoso e sulla progettualità di vita. In Gruppo di Lavoro Orientamento nell'arco di vita dell'Ordine degli Psicologi della Regione Siciliana (Ed.), *Disegnare il domani: Teorie e Pratiche per l'Orientamento* (pp. 67–83). Ordine degli Psicologi della Regione Siciliana. Available at: <https://www.oprs.it/wp-content/uploads/2021/02/Ebook-Gruppo-Orientamento-nellarco-della-vita-Disegnare-il-domani.pdf>
4. Zammitti, A., Imbroglia, C., **Russo, A.**, & Magnano, P. (2024). Storie stimolo per parlare del futuro dopo la pandemia. In Gruppo di Lavoro Orientamento nell'arco di vita dell'Ordine degli Psicologi della Regione Siciliana (Ed.), *Disegnare il domani: Teorie e Pratiche per l'Orientamento* (pp. 84–103). Ordine degli Psicologi della Regione Siciliana. Available at: <https://www.oprs.it/wp-content/uploads/2021/02/Ebook-Gruppo-Orientamento-nellarco-della-vita-Disegnare-il-domani.pdf>

ORAL PRESENTATIONS AND POSTER AT CONFERENCES

1. Costantini, A., Zaniboni, S., & **Russo, A.** (2025, July 25-29). *From planning to crafting: A proactive framework for retirement transition* [Symposium abstract: Reconceptualising retirement: An interdisciplinary and multi-level focus on retirement transitions]. 85th Annual Meeting of the Academy of Management, Copenhagen, Denmark.
2. **Russo, A.**, Costantini, A., Zaniboni, S. (2025, May 21-24). *Age-diversity related beliefs and behaviors: A mixed-method study* [Poster at a Congress]. 22nd European Congress of Work and Organisational Psychology, Prague, Czech Republic.
3. **Russo, A.**, Zammitti A., Magnano P., Santisi G. (2025, May 21-24). *An ACT-based Group Career Intervention to Enhance Resources for Workers' Sustainable Careers* [Symposium abstract: Sustainable transitions and careers: resources, tools, and interventions]. 22nd European Congress of Work and Organisational Psychology, Prague, Czech Republic.
4. **Russo A.**, Zammitti A. (2024, 18–19 October). *Coltivare la flessibilità psicologica per promuovere carriere sostenibili: uno studio pilota sull'efficacia di un training* [Poster at Congress]. 2° Congresso Nazionale CBT-Italia. Navigare tra i processi. Società Italiana di Psicologia Cognitivo Comportamentale. Palermo.
5. **Russo A.**, Catania C. (2024, 12 October). *Un percorso di orientamento per promuovere carriere sostenibili coltivando la flessibilità psicologica: uno studio pilota* [Poster at Congress]. Psicologia in Cantiere, Ordine degli Psicologi della Regione Sicilia. Palermo.

6. Zammiti A., **Russo A.**, Baeli V., Hichy Z. (2024, 12 October). *Un percorso di orientamento per promuovere la carriera sostenibile, il senso di comunità e i comportamenti sostenibili* [Poster at Congress]. Psicologia in Cantiere, Ordine degli Psicologi della Regione Sicilia. Palermo.
7. Randazzo A., **Russo A.**, Zammiti A., Magnano P. (2024, 12 October). *Intervista OCSIA per l'Orientamento alla Carriera Sostenibile e Inclusiva in Adolescenza: sviluppo del nuovo strumento di intervento e prima applicazione in una scuola secondaria di secondo grado* [Poster at Congress]. Psicologia in Cantiere, Ordine degli Psicologi della Regione Sicilia. Palermo.
8. Gruppo di lavoro "Orientamento nell'arco di vita" (2024, 12 October). *Il Gruppo di Lavoro "Orientamento nell'arco della vita". Nascita, obiettivi e risultati.* [Poster at Congress]. Psicologia in Cantiere, Ordine degli Psicologi della Regione Sicilia. Palermo.
9. **Russo A.**, Moreno–Morilla C., Grobelny J. (2024, 4–6 September). *Misurare la carriera sostenibile: insights da una systematic scoping review e costruzione di due nuovi strumenti* [**Symposium abstract:** Sostenibilità della carriera: definizione, strumenti di misura e risorse e strategie per promuoverla]. XX Congresso Nazionale della Sezione di Psicologia per le Organizzazioni dell'Associazione Italiana Psicologia: Immaginazione organizzativa, ricerca e azione trasformativa. Passato, presente e futuro delle pratiche di psicologia del lavoro e delle organizzazioni, University of Bergamo, Italy.
10. Magnano, P., Zarbo, R., **Russo, A.** (2024, 5–7 September). *Senso di comunità accademico, benessere e prevenzione del rischio di drop-out: uno studio longitudinale nel contesto italiano* [Conference presentation]. XVIII Congresso Nazionale della Sezione di Psicologia Sociale dell'Associazione Italiana Psicologia, Università di Torino, Italy.
11. Zammiti, A., Marchese, M., Baeli, V., **Russo, A.**, Hichy, Z. (2024, 2024, 5–7 September). *Effetti dell'empatia incidentale sul pregiudizio intergruppi* [Conference presentation]. XVIII Congresso Nazionale della Sezione di Psicologia Sociale dell'Associazione Italiana Psicologia, Università di Torino, Italy.
12. Baeli, V., Zammiti, A., Marchese, M., **Russo, A.**, Hichy, Z. (2024, 2024, 5–7 September). *Effetti dell'autostima collettiva sull'intenzione di utilizzo del trasporto pubblico: Un confronto tra automobilisti e utenti di mezzi pubblici* [Conference presentation]. XVIII Congresso Nazionale della Sezione di Psicologia Sociale dell'Associazione Italiana Psicologia, Università di Torino, Italy.
13. Magnano, P., Zarbo, R., Zammiti, A., **Russo, A.** (2024, 21–26 July). *University students' sense of community, well-being and risk of drop-out in Italian context* [Conference presentation]. 33rd International Congress of Psychology, Prague, Czech Republic.
14. Zammiti, A., **Russo, A.**, Santisi, G., Magnano, P. (2024, 26–28 June). *Potenziare l'autoefficacia: strategie per lo sviluppo nei contesti scolastici* [**Symposium abstract:** Garantire uno spazio sicuro per immaginare futuri possibili": programmi di intervento e buone pratiche per docenti in contesti a rischio e non]. Congresso "Le competenze trasversali in ambito educativo e formativo: dai discorsi alle pratiche" della Società svizzera di ricerca in educazione (SSRE), Locarno, Switzerland.
15. **Russo, A.**, Zammiti, A., Grobelny, J., Catania, C., Magnano, P., & Santisi, G. (2024, 21–22 June). *Systematic scoping review sulla carriera sostenibile: definizioni, modelli, strumenti di misura e costrutti connessi* [**Symposium abstract:** Promuovere l'orientamento inclusivo e la sostenibilità della carriera: dai modelli teorici ai nuovi strumenti di misura e intervento]. 23rd SIO

Congress: Dai futuri probabili ai futuri desiderabili: Orientamento, diritti, pace, giustizia, ambiente, University of Sassari, Italy.

16. **Russo, A.**, Zammitti, A., Romero–Rodriguez, S., & Moreno–Morilla, C. (2024, 21–22 June). *Esplorando l'orientamento alla sostenibilità della carriera: uno studio con giovani ricercatori italiani e spagnoli* [**Symposium abstract:** sviluppo di carriera nei giovani: immaginare e costruire un orientamento al benessere futuro]. 23rd SIO Congress: Dai futuri probabili ai futuri desiderabili: Orientamento, diritti, pace, giustizia, ambiente, University of Sassari, Italy.
17. Zammitti, A., **Russo, A.**, Parola, A., & Marcionetti, J. (2024, 21–22 June). *Un nuovo strumento per misurare l'orientamento alla futura carriera sostenibile: la Sustainable Career Orientation Scale* [**Symposium abstract:** Promuovere l'orientamento inclusivo e la sostenibilità della carriera: dai modelli teorici ai nuovi strumenti di misura e intervento]. 23rd SIO Congress: Dai futuri probabili ai futuri desiderabili: Orientamento, diritti, pace, giustizia, ambiente, University of Sassari, Italy.
18. Randazzo, A., **Russo, A.**, Vetri, F. D., Giunta, M., & Zammitti, A. (2024, 21–22 June). *Intervista OCSIA per l'Orientamento alla Carriera Sostenibile e Inclusiva in Adolescenza: sviluppo del nuovo strumento di intervento e prima applicazione in una scuola secondaria di secondo grado* [**Symposium abstract:** Promuovere l'orientamento inclusivo e la sostenibilità della carriera: dai modelli teorici ai nuovi strumenti di misura e intervento]. 23rd SIO Congress: Dai futuri probabili ai futuri desiderabili: Orientamento, diritti, pace, giustizia, ambiente, University of Sassari, Italy.
19. Romero–Rodriguez, S., Moreno–Morilla, C., **Russo, A.**, Zammitti, A., & Santisi, G. (2024, 19–21 June). *La percepción de la sostenibilidad de la carrera entre profesorado noveles italianos y españoles: reflexiones de un estudio cualitativo–cuantitativo* [Conference presentation]. XXI Congreso Internacional de Investigación Educativa, AIDIPE 2024: Investigación educativa e innovación ante los retos de la sostenibilidad, University of Barcelona, Spain.
20. **Russo A.**, Zammitti A. (2023, September 5–8). *Verso una visione sostenibile del lavoro: uno studio qualitativo sulle rappresentazioni di carriera, carriera sostenibile, lavoro e lavoro dignitoso*. [**Symposium abstract:** E–CARE per la sostenibilità al lavoro: sfide e percorsi per un futuro organizzativo più responsabile]. Associazione Italiana Psicologia (AIP). Cagliari, Italy.
21. **Russo A.**, Santisi G., Magnano P., Platania M. (2023, September 5–8). *Risorse intangibili per l'agency imprenditoriale: la risk intelligence come antecedente della resilienza* [**Symposium abstract:** Imprenditorialità tra agente imprenditoriale e contesto.]. Associazione Italiana Psicologia (AIP). Cagliari, Italy.
22. Zarbo R., Zammitti A., **Russo A.**, Magnano P. (2023, September 22–23). *University students' sense of community assessment in the italian context* [Conference presentation]. New Horizons in Psychological Assessment, Board of Assessment of the European Federation of Psychologists' Associations (EFPA). Padova, Italy.
23. **Russo A.**, Zammitti A., Zarbo R., Magnano P. (2023, September 22–23). *Assessing psychological flexibility at work: psychometric properties of the Work–related Acceptance and Action Questionnaire in Italy* [Conference presentation]. New Horizons in Psychological Assessment, Board of Assessment of the European Federation of Psychologists' Associations (EFPA). Padova, Italy.
24. **Russo A.**, Zammitti A., Zarbo R. (2023, May 24–27). *Psychometric Properties of Work–related Acceptance and Action Questionnaire (WAAQ) in Italian context* [Conference presentation]. 21st European Association of Work and Organizational Psychology Congress. Katowice: Poland.

25. **Russo A.** (2023, January 23–25). *Online psychological flexibility training for career development* [Conference presentation]. Canada's Career Development Conference, Cannexus conference23 by CERIC, Virtual + In-Person, Shaw Centre, Ottawa, Canada.
26. **Russo A.**, Zammitti A., Santisi G. (2023, January 20–21). *Co-costruire percorsi di carriera sostenibili in azienda: una ricerca-intervento sulle rappresentazioni di lavoro, lavoro decente, carriera e carriera sostenibile e sulla qualità del lavoro di gruppo* [Symposium abstract: Strumenti e interventi per un orientamento inclusivo e sostenibile]. Preatti del XXII Congresso SIO. Orientamento 5.0: verso nuovi futuri. Roma, Italy.
27. Imbroglia C., Zammitti A., **Russo A.** & Magnano P. (2022, January 20–21). Storie stimolo per parlare del futuro dopo la pandemia. Uno strumento a supporto degli orientatori. [Conference presentation]. Preatti del XXII Congresso SIO. Orientamento 5.0: verso nuovi futuri. Roma, Italy.
28. **Russo A.**, Zammitti A. (2022, 6 –8 December). *Enhancing deep-human competences in future support teacher: a pilot study of an online psychological flexibility training* [Conference presentation]. 2022 International Association for Educational and Vocational Guidance (IAEVG) International Conference, Sejong University Convention Center in Seoul, Korea.
29. **Russo A.**, Scaglione S., Scala M., Zammitti A. (2022, December 2). *Pensare al futuro durante la detenzione: una ricerca qualitativa sulle rappresentazioni di lavoro, lavoro dignitoso e sulla progettualità di vita* [Conference presentation]. Congresso "L'orientamento come strumento per raggiungere gli obiettivi dell'Agenda 2030", Ordine degli Psicologi della Regione Sicilia, Università Kore di Enna, Italia
30. Imbroglia C., Zammitti A., **Russo A.** & Magnano P. (2022, December 2). Storie stimolo per parlare del futuro dopo la pandemia. Uno strumento a supporto degli orientatori. [Conference presentation]. Congresso "L'orientamento come strumento per raggiungere gli obiettivi dell'Agenda 2030", Ordine degli Psicologi della Regione Sicilia, Università Kore di Enna, Italia
31. **Russo A.**, Santisi G. (2022, September 26–30). *Psychological flexibility and work engagement as moderators in the relationship between the workaholism antecedents of perfectionism and workload and the consequence of well-being* [Conference presentation]. XXX Congresso Associazione Italiana Psicologia, Università di Padova.
32. **Russo A.** (2022, September 26–30). *Self-efficacy, optimism, and hope as boosters of the effect of perceived parental career-related support on adolescent life satisfaction*. [Symposium abstract: Negotiating the challenges for a sustainable and inclusive society: the role of psychological resources and external support]. XXX Congresso AIP, Università di Padova.
33. Santoro G., **Russo A.** (2022, September 26–30). *Guilty in virtual environment: the mediating role of emotion dysregulation in the relationship between interpersonal guilt and problematic online behaviors*. [Symposium abstract: Psychodynamic, clinical, and psychosocial domains of problematic online behaviors: towards an integrated framework]. XXX Congresso Associazione Italiana Psicologia, Università di Padova.
34. **Russo A.**, Zammitti A., Zarbo R., Magnano P., Santisi G. (2022, September 6–10). *Promoting psychological flexibility for career development: pilot study of an online psychological flexibility training with future support teachers* [Conference presentation]. Network for Innovation in Career Guidance and Counselling in Europe – Deep-Human Competences, Career Development and Counselling, Kosovo.
35. **Russo A.**, Zammitti A., Zarbo R., Magnano P., Santisi G. (2022, 10–11 June). *La flessibilità psicologica e l'adattabilità di carriera come risorse per promuovere benessere soggettivo*

- [Conference presentation]. 14° Giornate Nazionali della Società Italiana Psicologia Positiva, Università Federico II Napoli, Italy.
36. **Russo A.**, Zarbo R., Zammitti A., Magnano P., Santisi G. (2022, 10–11 June). *Significato del lavoro, flessibilità psicologica e work engagement come risorse per promuovere il benessere* [Conference presentation]. 14° Giornate Nazionali della Società Italiana Psicologia Positiva, Università Federico II Napoli, Italy.
 37. **Russo A.**, Magnano P., Zarbo R., Zammitti A., Imbroglia C., Santisi G. (2022, 14 January). *Indecisione di carriera e qualità di vita: il ruolo della prontezza di carriera e delle strategie di coping* [Conference presentation]. Preatti del XXI Congresso Nazionale della Società Italiana per l'Orientamento (SIO). L'orientamento che sta dalla parte giusta: dell'inclusione, della sostenibilità e della giustizia sociale e ambientale, Università di Padova, Italy.
 38. Zammitti A., Zarbo R., **Russo A.**, Imbroglia C., Magnano P. (2022, 14 January). *Pensare al futuro durante il periodo della pandemia: un intervento di carriera per favorire la progettazione professionale degli studenti universitari* [Conference presentation]. Preatti del XXI Congresso Nazionale della Società Italiana Orientamento (SIO). L'orientamento che sta dalla parte giusta: dell'inclusione, della sostenibilità e della giustizia sociale e ambientale, Università di Padova.
 39. **Russo A.**, Imbroglia C., Zammitti A., Magnano P. (2020, 8–9 October). *Emozioni, soddisfazione e orientamento di vita ai tempi del COVID-19*. [Symposium abstract: Studiare e lavorare a casa in tempi di lockdown: risorse, strategie e prospettive future]. Preatti del XX Congresso Nazionale SIO. Cultura e orientamento: traiettorie per sconfiggere le disuguaglianze e prevenire l'esclusione scolastica e lavorativa. Università di Parma, Italy.
 40. Zammitti A., **Russo A.** (2020, 8–9 October). *Dalla scuola secondaria di secondo grado all'università: esperienze di orientamento per facilitare le scelte* [Conference presentation]. Preatti del XX Congresso Nazionale SIO. Cultura e orientamento: traiettorie per sconfiggere le disuguaglianze e prevenire l'esclusione scolastica e lavorativa. Università di Parma, Italy.
 41. **Russo A.** & Magnano P. (2019, 17–19 October). *L'immagine di sé nei bambini istituzionalizzati: uno studio esplorativo condotto in Sri Lanka* [Conference presentation]. Preatti del XIX Congresso Nazionale SIO. Orientamento inclusivo e sostenibile: ricerche, strumenti, azioni. Università di Catania – Università Kore di Enna.
 42. Magnano P., Zammitti A., Broccio L., Failla F., **Russo A.** (2018, 21 – 23 June). *La rappresentazione del lavoro dignitoso in persone con vulnerabilità sociale* [Symposium abstract: Orientamento in situazioni di disagio]. Preatti del XVIII Congresso SIO. Il contributo dell'orientamento e del counselling all'Agenda 2030, Università degli studi di Roma Tre.

The undersigned declares that the information reported in the following curriculum vitae corresponds to the truth. I authorize the processing of personal data contained in my curriculum vitae based on art. 13 of EU Regulation 2016/679 with regard to the processing of personal data.

27/02/2025

Angela Russo