

## PERSONAL INFORMATION

Name and Last Name  
Alessandra Gambineri


Department of Medical and Surgical Sciences  
Alma Mater Studiorum University of Bologna - Via Massarenti, 9, 40126, Bologna (BO)|  
Email Address: [alessandra.gambineri3@unibo.it](mailto:alessandra.gambineri3@unibo.it) Tel: +39 051424628  
Sex: Female Date of birth: 16/09/1971 Nationality: Italian

## CURRENT POSITION

Associate Professor of Endocrinology

## ADDITIONAL RELEVANT POSITIONS

2018-today: President of Master in Evidence-Based Practice and Clinical-Assistance Research Methodology, University of Bologna.

2017-2013: Vice Legal Representative of the European Reference Network on Rare Endocrine Conditions (Endo-ERN) for the University Hospital S. Orsola, Bologna.

2013-today: Legal Representative of the European Reference Network on Rare Endocrine Conditions (Endo-ERN) for the University Hospital S. Orsola, Bologna.

2023-today: Advisory Board of the Italian Society of Endocrinology.

RESEARCH FIELD (MAX 1000  
characters space included)

Her principal topic of research concerns hyperandrogenic disorders, particularly polycystic ovary syndrome, in terms of fisiopathology, diagnosis, long-term complications and treatment as innovative drugs but also as nutritional interventions and specific diets. In addition, of interest are the diagnosis, long-term complications and treatment of some rare diseases such as severe insulin resistance states, lipodystrophies, congenital adrenal hyperplasia, and Turner's syndrome. The interaction between adipose tissue, steroids, insulin resistance and metabolic and cardiovascular complications is a further area of research.

## WORK EXPERIENCE

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|------------|---|
| 2017-today | <b>Associate Professor of Endocrinology (S.S.D. MED/13)</b><br>Department of Medical and Surgical Sciences, University of Bologna |
| 2010-2017  | <b>Assistant Professor of Endocrinology (S.S.D. MED/13)</b><br>Department of Medical and Surgical Sciences, University of Bologna |
| 2006-2009  | <b>PhD in Clinical and Experimental Medical Science</b><br>Department of Medical and Surgical Sciences, University of Verona      |
| 2004-2006  | <b>Visiting Scientist</b><br>Endocrinology Unit, Department of Medical Sciences, University of Edinburgh, UK                      |
| 2002-2004  | <b>Visiting Scientist</b><br>Endocrinology Unit, Department of Medical and Surgical Sciences, University of Bologna               |

1998-2002 **Clinical Fellow in Endocrinology and Metabolic diseases**  
Department of Medical and Surgical Sciences, University of Bologna

## EDUCATION AND TRAINING

2009 **Doctoral degree in Clinical and Experimental Medical Science**  
University of Verona

2002 **Postgraduate qualification in Endocrinology and Metabolic diseases**  
University of Bologna

1997 **Degree in Medicine and Surgery**  
University of Bologna

1990 **State High School Certificate**  
Liceo Classico, Bologna (BO)

## PERSONAL SKILLS

Mother tongue Italian

Other languages English (Level C1, speaking and writing)

## ADDITIONAL INFORMATION

Publications and main indexes

Total number of publications in peer-review journals: 130  
Publons: <https://www.unibo.it/sitoweb/alessandra.gambineri3/pubblicazioni>  
ORCID: <https://orcid.org/0000-0003-2242-6734>

Main projects (last 5 years)

2018-2021 PRIN-COFIN 2017 (WWWH): Women work for women healthcare: gender approach for tailoring diagnostic and therapeutic tools in clinical and regenerative medicine (role: Principal Investigator)

2019-2021 ClinicalTrials.gov ID NCT04801173: Ketogenic Diet in PCOS With Obesity and Insulin Resistance (VLCKD) (role: Principal Investigator)

2021-2026 HORIZON-2020 (SPIOMET4HEALTH): A phase II, randomized, multi-centric, multi-national clinical trial to evaluate the efficacy and safety of a fixed dose combination of Spironolactone/Pioglitazone/Metformin (SPIOMET) for adolescent girls and young adult women (AYAs) with polycystic ovary syndrome (PCOS) (role: Principal Investigator)

2022-2024 NBI-74788-CAH3003 A randomized, double-blind, placebo-controlled study to evaluate the safety and efficacy of Crinicerfont (NBI-74788) in adult subjects with classic adrenal hyperplasia followed by open-label treatments (role: Subinvestigator)

## Memberships and managerial activities

2020-today: Editorial board member for the European Journal of Endocrinology

2019-today: board member for the Journal of Endocrinology Investigation

2017-today: board member for the Italian Network of Laminopathies

2019-today: member of the ECLip European Consortium of Lipodystrophies

2019-today: member of the Study Group of Lipodystrophies for the Italian Society of Endocrinology

2019-2023: ~~responsible~~ of the working group "Endocrinology of the women" for the Italian Society of Endocrinology

2021-2023: Coordinator of Didactic Commission of the Italian Society of Endocrinology.

Bologna, 08/02/2024

Signature

