

GRAU GRAU, Marc

Professor Contractat Doctor

Faculty of Education Sciences

Department of Education

Grup de recerca en qualitat relacional: Entorns educatius, organitzatius i familiars (VINCLES)

- **PhD in Social Policy**
- University of Edinburgh
- **Master in Political and Social Science**
- Universitat Pompeu Fabra
- **BA in Business Administration**
- ESADE

Research lines

Marc Grau-Grau is an Associate Professor of Social and Family Policies, a Vicedean of the Faculty of Education Sciences, and a Coordinator of the Joaquim Molins Figueras Childcare and Family Policies Chair at the Universitat Internacional de Catalunya. Marc has been a Research Fellow at the Women and Public Policy Program at Harvard Kennedy School (2016-2022), and he is a member of the Children Well-Being Research Network of the Chapin Hall at the University of Chicago (2021). He has taught at Universitat Pompeu Fabra and Universitat Oberta de Catalunya, and has held visiting positions at College of Business and Law in Israel (2019), the University of Bologna in Italy (2022) and Universidad Austral in Argentina (2023). His research projects are organized on four programs: 1) work-family balance and fatherhood, 2) childhood and childcare, 3) family policies, and 4) education and family relationships. He is the co-editor of four books: *The Work-Family Balance in Light of Globalization and Technology* (Cambridge Scholars Publishing, 2017), *The New Ideal Worker* (Springer, 2019), *Engaged Fatherhood* (Springer, 2022) and *Human Flourishing* (Springer, 2023). His research appears in academic publications such as *Organization*, *Journal of Family Issues*, *Journal of Business Research*, *Children & Society*, *Revista Española de Sociología* among others. Marc has a PhD in Social Policy from the University of Edinburgh, a Master in Political and Social Sciences from University Pompeu Fabra and a degree in Business Administration from ESADE Business School.

- **Projects Competitive:**
- **Religiositat i resiliència familiar en temps de la COVID-19 a Catalunya: lliçons per al futur (Generalitat de Catalunya: 2021 RELIG 00022)**

PI: Grau-Grau, M. **Start date:** 01/10/2021 **End date:** 30/09/2022

Financing entity: Agència de Gestió d'Ajuts Universitaris i de Recerca AGAUR

- STARS 2017 CRIMG - Mainstreaming of Children Rights: Multilevel Governance Perspective

PI: Kisunaite, A. **Start date:** 01/07/2018 **End date:** 31/12/2020

Financing entity: Università degli Studi di Padova

Projects non competitive:

- **Catedra Childcare and Family Policies Joaquim Molins Figueras**

PI: Gas-Aixendri, M. **Start date:** 01/07/2017 **End date:** 01/07/2026

Financing entity: Fundació Joaquim Molins Figueras

- **Elevating Fatherhood: Policies, Organizations and Health and Wellbeing**

PI: Grau-Grau, M. **Start date:** 01/01/2017 **End date:** 01/01/2019

Financing entity: Social Trends Institute

- **IFSINDEX Intergenerational Family Solidarity Index**

PI: Cavallotti, Rita **Start date:** 26/02/2015 **End date:** 26/02/2016

Financing entity: Santander Universidades

Publications

Articles:

Gender work and organization, Social reproduction: Households, public policies, and alternative organizing

Name: Ruiz-Castro, M.; Grau-Grau, M.; Lupu, I.; Daskalaki, M.; McGinn, K. Role: Autor
Publishing date: 2024

Start page: 1182 End page: 1195 Vol.: 31 No.: 4

DOI: <https://dx.doi.org/10.1111/gwao.13128> ISSN or title: 0968-6673

Adicciones, Uso problemático de WhatsApp entre adolescentes: ¿Qué papel educativo juegan los padres y las madres?

Name: Grau-Grau, M.; Gallego, G.; Rodríguez, L. Role: Autor Publishing date: 2024

Start page: 177 End page: 188 Vol.: 36 No.: 2

DOI: <https://dx.doi.org/10.20882/adicciones.1781> ISSN or title: 0214-4840

Frontiers in Sociology, Reconstructing social space: spatial dynamics through gendered, cultural and emotional lenses

Name: Macht, A.; Shmulyar Gréen, O.; Grau-Grau, M. Role: Autor Publishing date: 2023

Vol.: 8

DOI: <https://dx.doi.org/10.3389/fsoc.2023.1302905> ISSN or title: 2297-7775

REVISTA EMPRESA Y HUMANISMO, Integrating the Decision-Making Process in the Work-Family Field: An Action-Based Approach

Name: Chinchilla, N.; Grau-Grau, M.; Kim, S. Role: Autor Publishing date: 2023

Start page: 93 End page: 120 Vol.: XXVI No.: 1

DOI: <https://dx.doi.org/10.15581/015.XXVI.1.93-120> ISSN or title: 2254-6413

RES. Revista Española de Sociología, La ilusión del mérito. Capital cultural y reproducción

Name: Grau-Grau, M. Role: Autor Publishing date: 2022

Vol.: 31 No.: 3

DOI: <https://dx.doi.org/10.22325/fes/res.2022.124> ISSN or title: 1578-2824

Children & Society, Embodying children's rights in Italy and Spain: Unmasking some elements of the cultural politics of childhood

Name: Grau-Grau, M.; Tracchi, M.; Panebianco, D.; Kisunaite, A. Role: Autor Publishing date: 2022

Start page: 644 End page: 660 Vol.: 36 No.: 4

DOI: <https://dx.doi.org/10.1111/chso.12523> ISSN or title: 0951-0605

RES. Revista Española de Sociología, Salvador Giner. Ideas cabales. Madrid: Alianza Editorial, 2018

Name: Grau-Grau, M. Role: Autor Publishing date: 2021

Vol.: 30 No.: 4

DOI: <https://dx.doi.org/10.22325/fes/res.2021.78> ISSN or title: 1578-2824

Journal of family issues, Why Is Part-time Unpaid Parental Leave (Still) Gendered? Narratives and Strategies of Couples in Spain

Name: Bueno, X.; Grau-Grau, M. Role: Autor Publishing date: 2021

Start page: 503 End page: 526 Vol.: 42 No.: 3

DOI: <https://dx.doi.org/10.1177/0192513X20918286> ISSN or title: 0192-513X

Temes d'Avui, La paternitat avui: una mirada calidoscòpica

Name: Grau-Grau, M. Role: Autor Publishing date: 2021

Start page: 17 End page: 28 Vol.: 64

ISSN or title: 2014-1157

Families Relationships and Societies, Family relationships and internet abuse in 25 European countries

Name: Rivera, R.; Santos, D.; Grau-Grau, M.; De Rose, L. Role: Autor Publishing date: 2021

Start page: 249 End page: 268 Vol.: 10 No.: 2

DOI: <https://dx.doi.org/10.1332/204674319X15717233345931> ISSN or title: 2046-7435

Organization, Unmasking work-family balance barriers and strategies among working fathers in the workplace

Name: Tanquerel, S.; Grau-Grau, M. Role: Autor Publishing date: 2020

Start page: 680 End page: 700 Vol.: 27 No.: 5

DOI: <https://dx.doi.org/10.1177/1350508419838692> ISSN or title: 1350-5084

International sociology, Pierre Bourdieu, Manet: A Symbolic Revolution

Name: Grau-Grau, M. Role: Autor Publishing date: 2019

Start page: 161 End page: 163 Vol.: 34 No.: 2

DOI: <https://dx.doi.org/10.1177/0268580919830917a> ISSN or title: 0268-5809

Social science journal, Family and Sustainable Development

Name: Grau-Grau, M. Role: Autor Publishing date: 2019

Start page: 137 End page: 138 Vol.: 56 No.: 1

DOI: <https://dx.doi.org/10.1016/j.socij.2019.01.013> ISSN or title: 0362-3319

RES. Revista Española de Sociología, Ferdinand Tönnies (1855-1936). Vida y sociología.

Name: Grau-Grau, M. Role: Autor Publishing date: 2018

Start page: 357 End page: 360 Vol.: 27 No.: 2

DOI: <https://dx.doi.org/10.22325/fes/res.2018.47> ISSN or title: 1578-2824

Journal of business research, How context matters: The relationship between family supportive supervisor behaviours and motivation to work moderated by gender equality

Name: Bosch, M.; Las Heras, M.; Russo, M.; Rofcanin, Y.; Grau-Grau, M. Role: Autor

Publishing date: 2018

Start page: 46 End page: 55 Vol.: 82

DOI: <https://dx.doi.org/10.1016/j.jbusres.2017.08.026> ISSN or title: 0148-2963

TPM - Testing, Psychometrics, Methodology in Applied Psychology, Design and validation of a measurement scale of intergenerational family solidarity

Name: Cavallotti, Rita; Grau-Grau, M.; Marimon, Frederic; Gas-Aixendri, M. Role: Autor

Publishing date: 2017

Start page: 107 End page: 125 Vol.: 24 No.: 1

ISSN or title: 1972-6325

Harvard Deusto Business Review, Cómo llegar a ser una empresa responsable con la conciliación

Name: Grau-Grau, M.; León Llorente, Consuelo Role: Autor Publishing date: 2017

Start page: 20 End page: 30 No.: 266

ISSN or title: 0210-900X

Quaderns de Polítiques Familiars, La política familiar a Catalunya: És la implicació paterna una prioritat?

Name: Grau-Grau, M. Role: Autor Publishing date: 2014

Start page: 2 End page: 12 Vol.: 2

ISSN or title: 2385-5215

Sociologia e politiche sociale, Corporate family responsibility e ambienti di lavoro flessibili: un "must" per le aziende del XXI secolo

Name: Chinchilla, N.; Grau-Grau, M. Role: Autor Publishing date: 2013

Start page: 43 End page: 65 Vol.: 16 No.: 2

DOI: <https://dx.doi.org/10.3280/SP2013-002003> ISSN or title: 1591-2027

International Journal of Sociology and Social Policy, Clouds over Spain: work and family in the age of austerity

Name: Grau-Grau, M. Role: Autor Publishing date: 2013

Start page: 579 End page: 593 Vol.: 33 No.: 9/10

DOI: <https://dx.doi.org/10.1108/IJSSP-12-2012-0108> ISSN or title: 0144-333X

European journal of training and development, Comparing work-life balance in Spanish and Latin-American countries

Name: Idrovo, S.; León Llorente, Consuelo; Grau-Grau, M. Role: Autor Publishing date: 2012

Start page: 286 End page: 307 Vol.: 36 No.: 2/3

DOI:

<https://dx.doi.org/http://www.emeraldinsight.com/doi/full/10.1108/03090591211204751>

ISSN or title: 2046-9012

Industrial and organizational psychology: perspectives on science and practice, Having an Impact: Learning From Those Who Have Done It

Name: Las Heras, M.; Grau-Grau, M. Role: Autor Publishing date: 2011

Start page: 422 End page: 425 Vol.: 4 No.: 3

DOI: <https://dx.doi.org/10.1111/j.1754-9434.2011.01366.x> ISSN or title: 1754-9426

Book:

- **Human Flourishing: A Multidisciplinary Perspective on Neuroscience, Health, Organizations and Arts**

Publishing date: 2023 Doi: [10.1007/978-3-031-09786-7](https://doi.org/10.1007/978-3-031-09786-7) Isbn: 978-3-031-09788-1

- **Engaged Fatherhood for Men, Families and Gender Equality. Healthcare, Social Policy, and Work Perspectives**

Publishing date: 2022 Doi: [10.1007/978-3-030-75645-1](https://doi.org/10.1007/978-3-030-75645-1) Isbn: 978-3-030-75645-1

- **The New Ideal Worker: Organizations Between Work-Life Balance, Gender and Leadership**

Publishing date: 2019 Doi: [10.1007/978-3-030-12477-9](https://doi.org/10.1007/978-3-030-12477-9) Isbn: 978-3-030-12476-2

- **The Work-Family Balance in Light of Globalization and Technology**

Publishing date: 2017 Isbn: 978-1-4438-7337-6

- **Recompensas invisibles: Los beneficios de la paternidad en los propios padres**

Publishing date: 2015 Isbn: 978-84-608-1369-9

- **Review of Literature on Talent Management and Learning Organizations. Handbook of Talent Management and Learning Organizations: A Post-Pandemic Perspective**

Name: Chinchilla, N.; Grau-Grau, M.; Salman Chughtai, M. **Role:** Autor **Publishing date:** 01/2025

ISBN: 9781003429890

- **Engaged fathers: towards a fatherhood premium or penalty?. Maintaining a Sustainable Work-Life Balance. An Interdisciplinary Path to a Better Future**

Name: Grau-Grau, M.; André, S. **Role:** Autor **Publishing date:** 04/2024

Start page: 146 **End page:** 155

ISBN: 978 1 80392 233 1

- **Paternidad y empresas: Una retroalimentación positiva. Hacia el cuidado de la ecología humana: Familia, empresa y sociedad**

Name: Grau-Grau, M.; Rivera, R. **Role:** Autor **Publishing date:** 2023

Start page: 50 **End page:** 63

ISBN: 978-987-48298-1-8

- **Fatherhood Involvement as a Source of Human Flourishing. Human Flourishing: A Multidisciplinary Perspective on Neuroscience, Health, Organizations and Arts**

Name: Grau-Grau, M. **Role:** Autor **Publishing date:** 2023

Start page: 149 **End page:** 162

ISBN: 978-3-031-09788-1

- **Introduction: In the Pursuit of Human Flourishing. Human Flourishing: A Multidisciplinary Perspective on Neuroscience, Health, Organizations and Arts**

Name: Las Heras, M.; Grau-Grau, M.; Rofcanin, Y. **Role:** Autor **Publishing date:** 2023

Start page: 1 **End page:** 5

ISBN: 978-3-031-09788-1

- **Positive Parenting during COVID-19: Understanding Some Antecedents in Critical Times. Happiness and Domestic Life: The Influence of the Home on Subjective and Social Well-Being**

Name: Grau-Grau, M.; Selvam, R. M.; Cavallotti, Rita **Role:** Autor **Publishing date:** 2022

ISBN: 9781032208831

- **Reducing Barriers to Engaged Fatherhood: Three Principles for Promoting Gender Equity in Parenting. Engaged Fatherhood for Men, Families and Gender Equality. Healthcare, Social Policy, and Work Perspectives**

Name: Bowles, HR; Kotelchuck, M.; Grau-Grau, M. **Role:** Autor **Publishing date:** 2022

Start page: 299 **End page:** 325

ISBN: 978-3-030-75645-1

- **Launching a Cross-disciplinary and Cross-national Conversation on Engaged Fatherhood. Engaged Fatherhood for Men, Families and Gender Equality. Healthcare, Social Policy, and Work Perspectives**

Name: Grau-Grau, M.; Bowles, HR **Role:** Autor **Publishing date:** 2022

Start page: 1 **End page:** 12

ISBN: 978-3-030-75645-1

- **O Equilíbrio família-trabalho à luz da Globalização, o Desenvolvimento Tecnológico e a Pandemia. O Futuro do Trabalho: Contributos de gestores e académicos para um trabalho digno e inclusivo**

Name: Chinchilla, N.; Grau-Grau, M. **Role:** Autor **Publishing date:** 2021

- **Paternidad y organizaciones: Dilemas y recompensas. Hacia un nuevo mundo laboral y familiar. Guía de buenas prácticas**

Name: Grau-Grau, M.; Rivera, R. **Role:** Autor **Publishing date:** 2021

Start page: 81 **End page:** 95

ISBN: 978-987-48298-0-1

- **Feminismo sinérgico: Una primera aproximación. Sexo, Género y Violencia**

Name: Chinchilla, N.; Grau-Grau, M.; Moreno, C. **Role:** Autor **Publishing date:** 2021

Start page: 64 **End page:** 73

ISBN: 978-84-1377-711-5

- **From bad leadership to responsible leadership: the revolution of motives among leaders. Debating Bad Leadership: Reasons and Remedies**

Name: Jiménez, E.; Chinchilla, N.; Grau-Grau, M. **Role:** Autor **Publishing date:** 2021

ISBN: 978-3-030-65024-7

- **Return-to-work for fathers. A group with specific needs?. Navigating the Return-to-Work Experience for New Parents**

Name: Grau-Grau, M. **Role:** Autor **Publishing date:** 2020

ISBN: 9780367223014

- **Family-Friendly Corporation. In The SAGE Encyclopedia of Business Ethics and Society**

Name: Chinchilla, N.; Grau-Grau, M. **Role:** Autor **Publishing date:** 2018

Start page: 1346 **End page:** 1348

ISBN: 978-1483381527

- **Women in management in Spain. Women in management worldwide: Signs of progress**

Name: Las Heras, M.; Grau-Grau, M. **Role:** Autor **Publishing date:** 2017

Start page: 78 **End page:** 90

ISBN: 978-1472462718

- **El enriquecimiento trabajo-familia: Una teoría útil para los padres y las empresas.. Hacia un nuevo pacto entre trabajo y familia**

Name: Grau-Grau, M. **Role:** Autor **Publishing date:** 2015

Start page: 45 **End page:** 59

ISBN: 978-987-46012-0-9

- **Corporate Family Responsibility in Latin America. Inclusiveness, Sustainability and Human Resource Development**

Name: Las Heras, M.; Chinchilla, N.; Grau-Grau, M. **Role:** Autor **Publishing date:** 2013

Start page: 74 **End page:** 85

ISBN: 2015-05-08T04:46:20Z

- **Situación laboral de la mujer y balance trabajo-familia en España y América Latina. Mujer y Liderazgo**

Name: Cruz, H.; León Llorente, Consuelo; Grau-Grau, M.; Aguirre, M. **Role:** Autor **Publishing date:** 2010

Start page: 145 **End page:** 161

ISBN: 9786077610151

Teaching

Course 2024-2025 - Period: 01/09/2024 - 31/08/2025

- **Bachelor's Degree**

Bachelor's Degree in Pre - Primary Education

- - Sociology II: Family Sociology
- - Sociology I: Sociology of Education

Bachelor's Degree in Primary Education

- - Sociology II: Family Sociology
- - Final Degree Project
- - Sociology I: Sociology of Education

Course 2023-2024 - Period: 01/09/2023 - 31/08/2024

- **Bachelor's Degree**

Bachelor's Degree in Pre - Primary Education

- - Sociology II: Family Sociology
- - Sociology I: Sociology of Education
- - Final Degree Project

Bachelor's Degree in Primary Education

- - Sociology II: Family Sociology
- - Final Degree Project
- - Sociology I: Sociology of Education

- **Others**

Postgraduate Studies in Marriage and Family Education - On Line

- - Module I: Anthropology of the Person and Family
- - Module II: Developmental Psychology and Family Education
- - Final Postgraduate Thesis

Course 2022-2023 - Period: 01/09/2022 - 31/08/2023

- **Bachelor's Degree**

Bachelor's Degree in Pre - Primary Education

- - Sociology II: Family Sociology
- - Communication Skills II: Oral Expression
- - Final Degree Project

Bachelor's Degree in Primary Education

- - Sociology II: Family Sociology
- - Language for Teaching: Oral Expression
- - Final Degree Project

- **Others**

Postgraduate Studies in Marriage and Family Education - On Line

- - Module I: Anthropology of the Person and Family
- - Module II: Developmental Psychology and Family Education
- - Final Postgraduate Thesis

Course 2021-2022 - Period: 01/09/2021 - 31/08/2022

- **Bachelor's Degree**

Bachelor's Degree in Pre - Primary Education

- - Communication Skills II: Oral Expression
- - Sociology I: Sociology of Education
- - Sociology II: Family Sociology
- - Final Degree Project

Bachelor's Degree in Primary Education

- - Sociology II: Family Sociology
- - Language for Teaching: Oral Expression
- - Sociology I: Sociology of Education

- **Others**

Postgraduate Studies in Marriage and Family Education - On Line

- - Final Postgraduate Thesis
- - Module I: Anthropology of the Person and Family
- - Module II: Developmental Psychology and Family Education

Course 2020-2021 - Period: 01/09/2020 - 31/08/2021

- **Bachelor's Degree**

Bachelor's Degree in Pre - Primary Education

- - Sociology I: Sociology of Education
- - Communication Skills II: Oral Expression

- - Sociology II: Family Sociology

Bachelor's Degree in Primary Education

- - Sociology II: Family Sociology
- - Sociology I: Sociology of Education
- - Language for Teaching: Oral Expression

- **Official Master**

University Master's Degree in Educational Psychology

- - Final Master's Degree Project

- **Others**

Postgraduate Studies in Marriage and Family Education - On Line

- - Module I: Anthropology of the Person and Family
- - Module II: Developmental Psychology and Family Education
- - Final Postgraduate Thesis

Course 2019-2020 - Period: 01/09/2019 - 31/08/2020

- **Bachelor's Degree**

Bachelor's Degree in Pre - Primary Education

- - Sociology II: Family Sociology

Bachelor's Degree in Primary Education

- - Sociology II: Family Sociology

- **Others**

Postgraduate Studies in Marriage and Family Education - On Line

- - Module II: Developmental Psychology and Family Education
- - Module I: Anthropology of the Person and Family
- - Final Postgraduate Thesis

Tutorial Training Program + Cours d'Experts

- - Tutorial Training Program + Cours d'Experts

Course 2018-2019 - Period: 01/09/2018 - 31/08/2019

- **Bachelor's Degree**

Bachelor's Degree in Pre - Primary Education

- - Sociology II: Family Sociology

Bachelor's Degree in Primary Education

- - Sociology II: Family Sociology

- **Others**

Postgraduate Studies in Marriage and Family Education - On Line

- - Module II: Developmental Psychology and Family Education
- - Final Postgraduate Thesis
- - Module I: Anthropology of the Person and Family

Course 2017-2018 - Period: 01/09/2017 - 31/08/2018

- **Others**

Postgraduate Marriage and Family Education

- - Mòdul I: Antropologia de la Persona i de la Família
- - Mòdul II: Psicologia Evolutiva i Educació Familiar

Postgraduate Studies in Marriage and Family Education - On Line

- - Module I: Anthropology of the Person and Family
- - Module II: Developmental Psychology and Family Education

Course 2015-2016 - Period: 01/09/2015 - 31/08/2016

- **Others**

Postgrado en Políticas Familiares

- - Dimensión Económica de la Familia
- - Implantación, Diseño y Evaluación de Políticas
- - Trabajo Fin de Postgrado