

Biondi Giovanni

Reggio Emilia, ITALY, 41 years old



Current position

S&C Coordinator Italian Rugby Union
Nations youth teams, Academies Project and all women's teams
S&C Lead in Women Senior Team

Last Position

ZEBRE RUGBY CLUB, GUINNESS PRO14 e EPCR CHALLENGE CUP TEAM
2017-2022, n°5 seasons, HEAD OF PERFORMANCE, S&C Lead.

Experience

FIR- Italian Rugby Union

- 2020-Present coordinator of the S&C group in Rugby High Performance center in Parma
- 2019 - S&C Coach Senior National Team World Cup (Japan 2019)
- 2017 - S&C Coach Senior National Team Six Nations
- 2016 - S&C Coach Senior National Team Summer Tour
- 2013-2017 - Head of S&C U20 National Academy and S&C Coordinator of U18 National Team and Academy Project
- 2012 - S&C Assistant Senior National Team
- 2011-2013 - Head of S&C National Academy
- 2005-2011 - S&C Coach Reggio Emilia Rugby Club

VOLLEY SLOVENIAN NATIONAL FEMALE PRO

- Present Summer 2022 - Consultant of Planning, Test and physical preparation

UNIVERSITY

- 2011-Present - collaborations and seminars in Sport Science Parma and Bologna

VOLLEY TRICOLORE REGGIO EMILIA MALE A2 PRO

- 2009 - Present: Consultant of Planning, Test and physical preparation.
- 10 years tutoring experience in S&C
- On 11 February 2022 won the A2 Italian Cup

FITNESS CENTER:

2002-2008 gym instructor Specialized in rehabilitation

Collaborated with

RUGBY

- Micheal Bradley - Zebre Rugby Club
- Steve Aboud - Italy Rugby Union
- Conor O'Shea - Italy National team
- Paul Griffen - U20 National Academy
- Roland De Marigny - U20 National Academy
- Andrea Di Giandomenico - Italy Women National Team and Rugby Reggio E.

VOLLEY Coach

- Marco Bonitta - Reggio Emilia Volley and Slovenian Female Nat. Team
- Henky Held - Reggio Emilia Volley
- Luca Cantagalli - Reggio Emilia Volley

What I like

- Sport: my life, my passion, my job
- My Family
- Mountain sports, mountain biking and skiing in particular

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LANGUAGES

Italian: mother
tongue
English: excellent

EDUCATION

Degree in Sports
Physiology Sciences
2004

S&C Qualified
Coach

FIR (Italian Rugby
Union)

FIPAV (Italian Volley
Union)

FIDAL (Italian
Athletics Union)

OTHERS

National Teacher
Rugby S&C FIR

Courses

Power and Speed
Expert

Sports Rehabilitation
Expert

Good use of
technology: PC,

GPS,

Accelerometers,

Analytics Platforms,

Systems Database