



Yohama Auxiliadora Caraballo Arias

Date of birth: | Nationality: | Gender: |

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About me:

Striving to enhance health & well-being at work, driven by Evidence Based Medicine in Occupational Safety and Health and international networking.

● EDUCATION AND TRAINING

01/09/2014 – 05/09/2014 – Brescia, Italy

OCCUPATIONAL HEALTH COURSE "OCCUPATIONAL AND ENVIRONMENTAL DETERMINANTS OF DISEASE" – Università degli Studi di Brescia

Update on education and training on Safety and Health at Work, toxicity of solvents and nanomaterials, equity in occupational medicine.

01/02/2013 – 01/03/2014 – Caracas, Venezuela

DIPLOMAT: COMPREHENSIVE TRAINING FOR TEACHERS: ALETHEIA – Universidad Central de Venezuela

08/10/2012 – 12/10/2012 – Santiago de Chile, Chile

ACADEMIC TEACHERS TRAINING – Center for International Health at Ludwig Maximilians University

Assessment of students, medical education, microteaching, feedback training, problem-based learning.

01/08/2011 – 12/08/2011 – Munich, Germany

THE 4TH INTERNATIONAL SUMMER SCHOOL "OCCUPATIONAL HEALTH CROSSING BORDERS" – Institute and Outpatient clinic for Occupational, Social and Environmental Medicine Munich

10/01/2007 – 11/03/2011 – Caracas, Venezuela

OCCUPATIONAL MEDICINE SPECIALIST – Universidad Central de Venezuela (UCV)

Introduction to occupational Hygiene, research in workers' health, epidemiology and biostatistics, health effects of occupational risks, work psychology, accidents prevention, social aspects and occupational health services, nosography, occupational health services.

ISCED 4

01/09/1997 – 14/11/2003 – Mérida, Venezuela

MEDICAL DOCTOR (GRADUATED WITH HONORS: CUM LAUDE) – Universidad de los Andes (ULA)

Anatomy, Embryology, Social Medicine, Histology, Pharmacology, Biochemistry, Physiology, Microbiology and Parasitology, Psychology, Physiopathology, Research methodology, Semiology, Pathologic anatomy, Surgery, Infections and parasites, Forensic medicine and medical Deontology, , Paediatrics, Gynaecology and Obstetrics, Reproductive medicine, Community medicine, Medical and Surgical and medical programme, Public Health. Distinction Cum Laude.

ISCED 3

● WORK EXPERIENCE

01/08/2021 – CURRENT – Bologna, Italy

VISITING RESEARCHER – ALMA MATER STUDIORUM UNIVERSITÀ DI BOLOGNA

28/12/2011 – CURRENT – Caracas, Venezuela

ASSOCIATE VENEZUELAN GROUP IBEROAMERICAN COCHRANE NETWORK – RED COCHRANE IBEROAMERICAN. UNIVERSIDAD CENTRAL DE VENEZUELA (UCV)

Caracas, Venezuela

04/09/2008 – CURRENT – Caracas, Venezuela

CO-FOUNDER AND MEDICAL DIRECTOR – MUNDO OCUPACIONAL C.A.

Caracas, Venezuela

11/07/2013 – 30/04/2021 – Caracas, Venezuela

HEALTH AND MEDICAL DIRECTOR OF VENEZUELA – CHEVRON GLOBAL TECHNOLOGY SERVICES COMPANY

Caracas, Venezuela

28/08/2008 – 2019 – Caracas, Venezuela

ASSOCIATE PROFESSOR AND RESEARCHER – UNIVERSIDAD CENTRAL DE VENEZUELA (UCV)

Caracas, Venezuela

28/03/2012 – 2014 – Caracas, Venezuela

PROFESSORS COMMITTEE FOR THE TRANSFORMATION OF THE MEDICAL SCHOOL CURRICULUM – UNIVERSIDAD CENTRAL DE VENEZUELA (UCV)

Caracas, Venezuela

27/06/2013 – 29/07/2013 – Arequipa, Peru

EXTERNAL EVALUATOR 2ND CONTEST RESEARCH FUND – UNIVERSIDAD CATÓLICA SANTA MARÍA CICA

Arequipa, Peru

28/11/2008 – 28/04/2009 – Caracas, Venezuela

ADVISOR – INSTITUTO NACIONAL DE PREVENCIÓN, SALUD Y SEGURIDAD LABORALES (INPSASEL)

Caracas, Venezuela

29/12/2004 – 29/12/2008 – Los Teques, Venezuela

INTEGRAL MEDICAL DOCTOR – INSTITUTO TECNOLÓGICO VENEZOLANO DE PETRÓLEO (PDVSA - INTEVEP)

Miranda, Venezuela

26/12/2003 – 26/12/2004 – Mérida, Venezuela

COORDINATOR OF A RURAL HEALTH CENTER – AMBULATORIO DISTRITO SANITARIO ESTADO MÉRIDA VE-5103

Mérida, Venezuela

● LANGUAGE SKILLS

Mother tongue(s): **SPANISH**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C2	C2	C2	C2	C2
ITALIAN	C1	C1	B1	B2	A2
FRENCH	B1	B1	A1	A1	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● DIGITAL SKILLS

Social Media Management (Facebook Twitter LinkedIn YouTube Instagram) | Google Gmail Google Drive Google Docs Google Slides | Microsoft PowerBi | Video Conferencing (Zoom Skype Google Hangout) | WebEx (Cisco Webex) | MS Office (MS Word; MS PowerPoint; MS Excel; MS Publisher; MS Outlook; MS Teams)

● NETWORKS AND MEMBERSHIPS

National Secretary of Venezuela of the International Commission on Occupational Health (ICOH)

<http://www.icohweb.org/site/homepage.asp>

Active member of the Sociedad de Medicina del Trabajo Buenos Aires – Argentina

(Society of Occupational Medicine)

<http://www.smtba.org.ar/>

Titular member of the Sociedad Venezolana de Salud Ocupacional (SOVESO)

(Venezuelan Society of Occupational Health)

Sociedad Venezolana de Higienistas Ocupacionales

(Venezuelan Society of Occupational Hygienists)

<http://www.ohlearning.com/about/national-associations/asociacion-venezolana-de-higienistas-ocupacionales.aspx>

Sociedad Venezolana de Abogados Laboralistas

(Venezuelan Society of Labour Lawyers)

Sociedad Venezolana de Médicos Generales

(Venezuelan Society of General Practitioners)

<http://www.svmi.web.ve/>

● **DRIVING LICENCE**

Driving Licence: B

● **CONFERENCES AND SEMINARS**

Conferences

Speaker and lecturer on various topics related to Occupational Safety and Health in international conferences and seminars in over 20 national and international events in the past 5 years. (United States, Argentina, Chile, Trinidad & Tobago, Venezuela, Germany, Italy & Turkey).

● **RECOMMENDATIONS**

Prof. Frank van Dijk – MD, PhD – v.dijk.workandhealth@gmail.com

Occupational physician; professor in Occupational Health of Academic Medical Center (University of Amsterdam).

Chair of ICOH SC Education and Training in Occupational Health.

<https://ldoh.net/staff/international-advisory-board/frank-van-dijk-chair/>

Tatiana Giusti – Academic coordinator of the "Escuela de Medicina Luis Razetti" Universidad Central de Venezuela – tatianagiusti@gmail.com – (+49) 1734173296

Medical doctor, specialist in Parasitology and Medical Education

● **PROJECTS**

30/07/2020 – CURRENT

Quality aspects of search and evidence-application skills / sources / databases/ search engines

01/03/2019 – CURRENT

Healthcare Workers Suffering at Unprecedented Rates! Recommendations based on evidence and experience in COVID-19 and Ebolavirus outbreaks

30/08/2020 – CURRENT

Book "Occupational Safety and Health online" how to find reliable information. 4th edition

● **ORGANISATIONAL SKILLS**

Organisational skills

- Leadership as a company director, tutor postgraduate thesis. Currently coordinator of the Iberoamerican Cochrane Network Center at Universidad Central de Venezuela.
- Sense of organization of scientific and academic events (courses, seminars, medical operations, etc.).
- Experience in project design coordinating administrative activities.
- Excellent planning and time management.

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Communication and interpersonal skills

- Excellent ability to **adapt to multicultural environments** with a strong sense of diversity and inclusion gained through my experience in diverse environment: Being an exchange student. (1996-1997) USA, working as a medical director of an international company (Chevron) supporting a broad range of nationalities and participation in international events and research projects with professionals from various countries and backgrounds
- Working in a challenging location (Venezuela) has helped me build thriftiness and resiliency to maximize resources and seize opportunities
- Supervisory skills: Interpersonal, conflict resolution, mentorship and feedback techniques

● **JOB-RELATED SKILLS**

Job-related skills

- Sound knowledge on: Personal protective Equipment (EPP), Communicational educational campaigns, return to work processes and international protocols related to COVID-19 based on Center for Disease Control and Prevention (CDC) and WHO criteria
- Writing skills, focused on details and strong analytical skills
- Proficient user of technological tools for teleworking (WebEx, Zoom, Facebook workplace)
- Sound knowledge on budget management, and finding the best benefit/cost ratio in a hyperinflation environment
- Implementation, development and follow-up of Occupational Safety and health program at work
- Implementation and evaluation of educational programs and excellent facilitation skills
- Knowledge in (ILO, WHO, PAHO, OSHA) technical standards in health and safety.

Clinical Skills

- Implementation and development of Drug and Alcohol programs
- Clinical assessment and management of patients: Diagnostic and treatment of Occupational diseases
- Spirometry

● **PUBLICATIONS IN SCIENTIFIC JOURNALS**

2022

Quantitative Assessment of Asbestos Fibers in Normal and Pathological Pleural Tissue—A Scoping Review

Academic Editor: Paolo Tondi

<https://www.mdpi.com/2075-1729/12/2/296>

01/2021

Where to Find Evidence-Based Information on Occupational Safety and Health?

Annals of Global Health.

<https://annalsofglobalhealth.org/articles/10.5334/aogh.3131/>

2021

Proposed Mitigation and Adaption Strategies Related to Climate Change: Guidance for OEM Professionals

American College of Occupational and Environmental Medicine.
ACOEM Guidance Statement

https://journals.lww.com/joem/fulltext/2021/09000/proposed_mitigation_and_adaptation_strategies.25.aspx

04/2019

Infectious Diseases, Social, Economic and Political Crises, Anthropogenic Disasters and Beyond

Venezuela – Implications for Public Health and Travel Medicine.
Revista Panamericana de Enfermedades Infecciosas, 1(2), 73-93.

<https://revistas.utp.edu.co/index.php/panamericana/article/view/21281>

09/2018

Working in Venezuela: How the Crisis has Affected the Labor Conditions

Annals of Global Health.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6748246/>

04/2018

Open access publishing is showing responsibility

International Commission on Occupational Health (ICOH) Newsletter: pages. 20 - 21.

<http://www.mundocupacional.com/open-access-publishing-is-showing-responsibility/>

11/2017

Bachaqueros. Un Trabajo del Mercado Negro Venezolano

Revista Ciencia & Trabajo, Chile.

<http://www.mundocupacional.com/articulo-bachaqueros-un-trabajo-del-mercado-negro-venezolano/>

08/2015

Tensión muscular percibida en operarias de máquinas de moldeo por inyección de plástico

Revista Ciencia & Trabajo.

https://www.scielo.cl/scielo.php?script=sci_arttext&pid=S0718-24492015000200007

08/2015

Occupational Safety and Health in Venezuela

Annals of Global Health by Elsevier.

https://ac.els-cdn.com/S2214999615012382/1-s2.0-S2214999615012382-main.pdf?_tid=26c6aeb9-7da0-42da-8722-12ddc16efe1&acdnt=1537385420_286670eb4b4397384d4178d640602c5b

03/2015

Geographical and Occupational aspects of Leptospirosis in the Coffee-Triangle Region of Colombia

2007-2012.

Bentham Science Publisher.

<https://www.ncbi.nlm.nih.gov/pubmed/25858306>

01/2015

Attitude of medical students towards occupational safety and health: a global problem

Occupational and environmental medicine.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6977061/>

03/2014

Medical Evaluation and Clearance for Helicopter Underwater Escape Training (HUET)

Society of Petroleum Engineers Journal.

<https://onepetro.org/SPEHSE/proceedings-abstract/14HSE/2-14HSE/D021S032R002/210779>

04/2013

Riesgos laborales en trabajadores de barberías y peluquerías de economía informal

Revista ciencia & trabajo.

<https://scielo.conicyt.cl/pdf/cyt/v15n46/art05.pdf>

03/2013

Identificación y evaluación de factores psicosociales laborales en un centro de llamadas

Revista de la Facultad de Medicina Universidad Central de Venezuela.

http://www.mundocupacional.com/descargas/articulos/Factores_psicosociales_laborales_centro_llamadas.pdf

07/2011

Medicina ocupacional basada en evidencias: una disciplina emergente

Gac Méd Caracas.

http://www.mundocupacional.com/identificacion-factores-psicosociales-centro-de-llamadas/basada_en_evidencias_una_disciplina_emergente

07/2010

Aspectos ergonómicos, factores psicosociales, cervicalgia y lumbalgia en trabajadores de un centro

Tesis de la Especialidad de Medicina Ocupacional. .

06/2005

Glucagonoma. Una evaluación estadística de 136 casos reportados en la literatura

Informe de un caso.

Revista GEN.

https://scholar.google.com/citations?view_op=view_citation&hl=es&user=GxwYibkAAAAJ&citation_for_view=GxwYibkAAAAJ:zYLM7Y9cAGgC

12/2004

Enfermedad de Dowling-Degos asociada con carcinoma basocelular.

Reporte de un caso con hallazgos clínicos inusuales.

Revista Dermatología Peruana.

<http://saber.ucv.ve/handle/10872/3008>

10/2004

Glucagonoma. Caso clínico

Revista Venezolana de Endocrinología y Metabolismo, Caracas.

[https://scholar.google.com/citations?](https://scholar.google.com/citations?view_op=view_citation&hl=es&user=GxwYibkAAAAJ&citation_for_view=GxwYibkAAAAJ:Y0pCki6q_DkC)

[view_op=view_citation&hl=es&user=GxwYibkAAAAJ&citation_for_view=GxwYibkAAAAJ:Y0pCki6q_DkC](https://scholar.google.com/citations?view_op=view_citation&hl=es&user=GxwYibkAAAAJ&citation_for_view=GxwYibkAAAAJ:Y0pCki6q_DkC)

● **PUBLICATIONS IN BOOKS**

2022

Medicina preventiva, ocupacional y ambiental. Manual Moderno

Co-author of the chapter "¿Cómo buscar información confiable en internet?"

2015

Terapéutica en Medicina Interna

Co-author of the chapter "Reumatismo del tejido blando"

<http://www.mundocupacional.com/libros/>

2015

Occupational Safety and Health online. How to find reliable information"

Book published on Spanish, English, Turkish

<https://shop.ldoh.net/>

2013

Temas de epidemiología y salud pública

Co-author of the chapter "Epidemiología de los trastornos musculoesqueléticos de origen ocupacional"

<http://www.mundocupacional.com/libros/>

2008

Manual de Exploración Clínica. Forth Edition

Co-author of the chapter "Exploración del aparato osteomuscular"

● **PRIZES AND RECOGNITION**

2016

Grant from the DAAD, German Academy Exchange Services

Exceed, Excellence Center for Exchange and Development. Germany.

Grant to Sponsor the Book "Occupational Safety and Health online. How to find reliable information".

10/2012

Grant "The Center for International Health at Ludwig Maximilians University" in Munich, Germany

Course "Academic Teacher Training" (academic training for teachers). Chile.

08/2011

Scholarship of the German Academic Exchange Service (DAAD)

Occupational Health Course Crossing Borders at the University of Munich.

2011

Encouraging Research Program (Programa Estímulo al investigador)

Observatorio Nacional de Ciencia Tecnología e Innovación (ONCTI). Venezuela.

2010

Winner of National Risk Prevention Prize

Venezuela.

2004

First prize for the article entitled "Glucagonoma. A statistical evaluation of 136 reported cases."

Venezuela

2003

Distinction "Cum Laude" received at graduation from the Medical School

Universidad de Los Andes. Mérida, Venezuela.