

Profile

Journalist and communicator specializing in civil and political rights and migration, with solid experience in analysis and political communication

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Skills

- Management and organization of complex information.
- Experience creating accessible yet rigorous content across various media and formats.
- Skilled in transforming data into innovative and creative political messages.
- Proficient in writing arguments and informative texts for various projects and positions.
- Experienced with media management tools and website content management systems.
- Capable of working both independently and collaboratively within remote team settings.
- Proven ability to work in diverse, multidisciplinary teams.
- Passionate about human rights, migration issues, and social justice.
- Advanced proficiency in Excel.
- Motivated and adaptable, with a readiness to take on new challenges.

Languages

Castellano: Native

Català: Native

English: C2

Português: C1

Italiano: B1

Français: B2

Àrab: A1

LIMINAL

Work Experience

COMMUNICATIONS OFFICER - SOCIAL NETWORKS AND PRESS IN HUMAN RIGHTS ORGANISATION

Iridia - Centre per la Defensa dels Drets Humans | Barcelona, 2023-Present

- Responsible for strategic communication (social networks and website), and press, including the elaboration of key political messages and the supervision of the coverage of social and human rights issues in the context of Barcelona.
- Elaboration and dissemination of membership campaigns.
- Production of events.

JOURNALIST AND EDITOR IN NEWS ORGANISATION

El País | Madrid, 2021-2023

- Editor for EL PAÍS and Planeta Futuro, section on sustainable development, poverty, inequality and global health.
- Member of the research team on sexual abuse in the Catholic Church, coverage awarded by the Ortega i Gasset Prize for Journalism 2022.
- Read my articles [here](#).

TRAINER IN CITIZENSHIP AND HUMAN RIGHTS

Junta da Freguesia de Ermesinde | Portugal, 2019-2020

- Citizenship and Human Rights classes for Children and Adolescence.
- Management of cultural and artistic events.

COMMUNICATIONS OFFICER

Amnistia Internacional Catalunya (AIC) | Barcelona, 2018-2019

- Management of social networks and web page.
- Communications and press releases.
- Attention to the media.
- Creation of presentation and dissemination materials.
- Work with data.
- Production of events.

Education

MA IN JOURNALISM / BACHELOR'S

Escuela UAM - EL PAÍS | Madrid, 2020-2021

MICRO MASTER IN INTERNATIONAL HUMANITARIAN LAW (IHL)

Université Catholique de Louvain (UCL) | Online, 2019

BA IN INTERNATIONAL RELATIONS

Blanquerna URL | Barcelona, 2015-2019

École de Gouvernance et d'Economie de Rabat | Marruecos, 2018

Volunteerings and courses

Shanti Daan Calcuta (Índia), 2016

Support for women and girls with physical and mental disabilities.

Migra-Studium Barcelona, 2014-2015

Accompaniment to children of migrant origin in the process of integration and study.

Conflictos, vulneración de derechos humanos y participación política, 2022

ACP / International Action for Peace

Curso de Introducción a AI y los DDHH, 2018

Amnesty Internacional

Communications Officer Application